



Taking music to the Max

Studio in Bow opens its doors during half-term

SEE PAGE 2



Celebrating the life of Wilf

Friends and neighbours share happy memories

SEE PAGE 3



Monstrously entertaining

Go and see what's on at the Half Moon – or they'll come to you!

SEE PAGE 10

ISSUE 998 24 FEBRUARY – 2 MARCH 2014

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eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Night of thanks for community groups

BY STAFF REPORTER

FROM supporting people with dementia and ensuring deaf people are not

excluded, to providing free advice and training and organising arts events, dozens of voluntary organisations help keep the borough's cogs turning each day.

THUMBS UP FOR FUN DAY



AS Team GB were battling for medals at the Winter Olympics last week, residents had the chance to try some winter sports for themselves at the Get Your Skates On day in Bethnal Green Gardens, last Tuesday. Joe, 8, Rosy, 10, and Ronnie, 6, also enjoyed themselves on a funfair ride. More photos on page 6.

And last week their sterling efforts and hard work, much of it given voluntarily, was recognised at a ceremony held at the Troxy in Limehouse.

Awards were given in 12 categories at the council's Third Sector Excellence Awards, with some of the groups honoured in more than one.

Al Isharah, which supports deaf people to participate fully in the community, won two awards and was runner-up in a third, while Monnaka Monowar Welfare Foundation was runner-up in two categories for its work ensuring residents have access to the correct welfare and public services.

Positive East, based in Mile End, which supports people with HIV, was among the winners, along with the Muslim Women's Collective, St Hilda's East Community Centre, The Arbour and Tower Hamlets CAB.

Support given to young people was reflected in the work of award winners the Early Years Network Tower Hamlets, arts organisation Udichi Shilpi Gosthi, the Bangladesh Football Association and The Rooted Forum.

The work of two Somali organisations – Tower Hamlets Somali Organisations Network and Ocean Somali Community Association – was recognised in the same category, delivering housing and homelessness services.

Mayor Lutfur Rahman said: "Although there can only be a few winners on the night, I would like to thank all of the organisations in our third sector who work so hard to deliver our shared vision of improving the quality of life of

everyone who lives and works in Tower Hamlets."

Suzanne Firth and Khadiru Mahdi, chair and chief executive of Tower Hamlets Council for Voluntary Sector, congratulated the nominees and winners, who they said represented the wide range of quality services that the third sector delivers.

They thanked the council for its investment in voluntary services and pledged to continue to work together to support and strengthen communities in the borough.

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Half-term fun for all

There were dozens of things for kids and the whole family to enjoy during half-term last week.

SEE PAGES 6 & 7



Let the music take control

Max Music Studios at the Bow Business Centre in Bow Road offers rehearsal and recording studios, free consultations and track mixing, as well as residencies.

WWW.MAXMUSICSTUDIOS.COM

News

East End Life is produced by Tower Hamlets Council, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.
Tel: 7364 3179 Fax: 7364 4917
Email: eastendlife.news@towerhamlets.gov.uk



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Editor Laraine Clay
Tel: 7364 3179
Deputy Editor Helen Watson
Tel: 7364 3173
Reporter Jessica Odubayo
Tel: 7364 4365
Photos
Tel: 7364 3253

Advertisement Manager Sharan Ahmed
Tel: 7364 4061
Senior Advertising Sales Executive Christine O'Doherty
Tel: 7364 4994
Senior Advertising Sales Executive Fatima Khan
Tel: 7364 4623
Advertising Production Controller Terri-Leigh Knight
Tel: 7364 4682
Distribution Manager & Finance Abdul Miah
Tel: 7364 0474

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Information included in the newspaper is not necessarily endorsed by Tower Hamlets Council.

East End Life is printed on recycled paper – when you have finished with the newspaper, please recycle it.

Music centre opens its doors for half-term fun

BY RAJU MIAH

YOUNG people had the chance to take part in numerous activities during half-term last week.

The council arranged over 100 activities and workshops as part of the Mayor's Activities for Young People that saw kids learning new skills, trying out new sports and making new friends.

Max Music Studios at the Bow Business Centre opened its doors to a group of young people who learnt what it takes to produce music with a week-long music production course. From recording vocals to creating their own beats, the youngsters were able to experience first hand what it's like to work with state-

of-the-art audio equipment. Mayor Lutfur Rahman said: "I am very pleased that once again the programme of events and workshops this half-term has been popular among our young people."

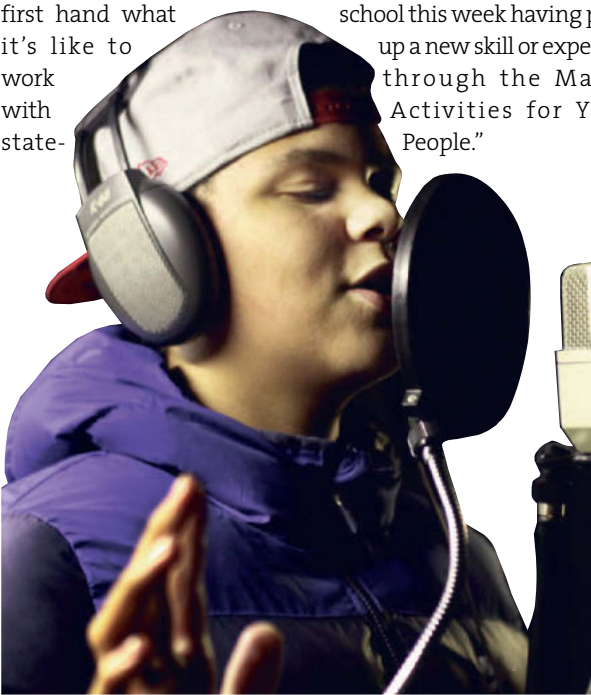
"We will continue to offer a broad range of positive activities for them to engage in."

The programme, which is organised every school holiday, also gave young people the opportunity to take part in cooking workshops, sports training, glass painting and even the chance to own a pony for a day at Mudchute Park and Farm.

Cabinet member for children, schools and families, Cllr Oliur Rahman, said: "I'm glad young people will be returning to school this week having picked up a new skill or experience through the Mayor's Activities for Young People."



Above: Sara (left) and Saffron in the music studios; below left: Kye sings like a professional; below: Affan and Awaz-ul on the mixing desk



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Inside this week's issue

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In honour of a hero

Standard bearers from the Royal British Legion attended the tree planting ceremony in Carlton Gardens, Stepney Green in honour of the late WWII hero Wilfred Coppens.

SEE BELOW

A global event

International Mother Language Day will be celebrated across the world this Monday, February 24.

SEE BELOW

News

We all loved Wilf. He will be missed

BY JESSICA ODUBAYO

FOR an orphan who had no family and grew up in a children's home, a special tree planting ceremony held in Stepney last week showed how life changed for Wilfred Coppens.

Dozens of residents from the area, standard bearers from the Royal British Legion, representatives from the Conservation Foundation, Mayor Lutfur Rahman, the Deputy Lieutenant of Tower Hamlets John Ludgate, and the proprietors of his favourite café, were among the crowd who gathered to commemorate Wilf's life.

The well-known and much-loved Stepney resident, who was awarded medals for his bravery in WWII, died last September aged 95.

Wilf lived in the East End for 50 years, and was a resident of

Carlton Square in Stepney for the past 28.

It was the close-knit community of Carlton Square and the surrounding area which organised the commemorative event last Monday to celebrate the life of their friend and neighbour.

In a tribute to Wilf, Mile End resident Richard Reindorn said: "He died as he lived – in the East End. He enjoyed the birds and trees. He worked on the markets and as a gardener until the age of 75. He lived in Carlton Square, was popular, smartly dressed, lived modestly, and spoke humourously about his wartime past."

Anna Gaudion, who initiated the community tree-planting project, said: "We all love Wilf. He used to sit on the bench in the square. I used to see him when I was on my way to work early in the morning.

"He was always positive, a

delightful character. We are a close-knit community – I have lived here for 20 years and it was quite easy to contact residents and get them involved."

Libby Symon and James Coleman from the Conservation Foundation co-ordinated the planting of the special tree – the first of a new disease-resistant English elm planted by the council since Dutch elm disease wiped out 24 million UK trees in the 1970s.

Mayor Rahman said the tree was a fitting tribute to someone, who along with millions of British, Commonwealth and allied comrades, risked his life for this country in 1940.

Brothers Pepe and Angelo Mascia, owners of Mr G's Café in Mile End Road, which Wilf visited every day, said: "We've known Wilf for over 30 years. He was a lovely old man – we know he was a Barnardo's boy,



(From left) Deputy Lieutenant of Tower Hamlets John Ludgate, Mayor Lutfur Rahman and Wilf's best friend, Daniel Cocklin

but he hardly spoke about himself. Wilf had a good appetite. He loved liver and steak dinners."

Daniel Cocklin said Wilf was his best friend: "I knew him for 21 years we used to go on holiday together."

Daniel's wife Irene added: "Wilf was a character. He was very friendly and loved going out. He would come to ring our door bell every day."

Keith Dawkins and Bob Nayler, Carlton Square residents for 17 years, said Wilf would have loved the tree and Bob, a garden-

er, said he would keep an eye on it to keep it healthy.

Mark Herbert said: "My dad was a market stall holder for 35 years and Wilf was a regular customer. He visited our stall especially for Cox's apples, which he loved. When we moved out of Tower Hamlets, Wilf used to visit our home in Hainault to look after our garden.

"He was a good old chap. I remember he always wore a stable boy hat. It seemed like he'd been around forever. He will be missed around the area."



(From left) Richard Reindorn and Robert Richier, chair of the Greater London district of the Royal British Legion; a tribute to Wilf; Lily Goggin, Mark Herbert, baby Lois

News in brief

Breast cancer event

A SHOP in Spitalfields will be donating profits from one of its best selling items to a breast cancer charity, as part of a week-long fundraiser.

Staff at The Crêpe Shop and Art Café in Fieldgate Street will hand out information on how to detect symptoms, highlight the support available, and invite health experts to provide information and advice. The event in aid of Breast Cancer Care runs from February 24 until March 1.

Church concert

THE rich tones of song writer, vocalist and pianist Ana Silvera are set to fill St John on Bethnal Green church, Cambridge Heath Road when she headlines at the second Million Times event this Thursday, February 27. Ana will be supported by other musicians and Hackney poet Larry Seftel.

The concert starts at 8pm – go to www.ticketweb.co.uk/event/ana-silvera-at-st-john-on-bethnal-green-tickets/102987 to purchase tickets.

Language day

YOUNG people's language learning achievements will be celebrated at York Hall, Bethnal Green on Monday, February 24 as part of International Mother Language Day.

The event, from 4.30-7pm, will feature music, dance, poetry and drama, promoting the diversity of multilingualism across the world.

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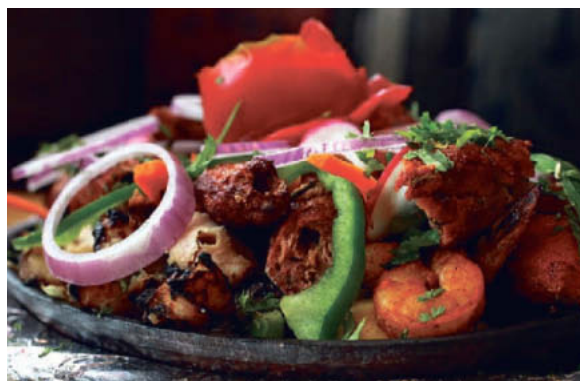
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A day of commemoration

UNESCO recognises February 21 as International Mother Language Day to commemorate those who died to save the Bengali language and to promote linguistic and cultural diversity.

WWW.UN.ORG

Net some tickets

East End Life has five pairs of tickets to give away for Netball London Live at the Copper Box Arena. To find out more...

SEE PAGE 35

News

Cops renew appeal in murder inquiry

Anonymous witness urged to come forward again

BY STAFF REPORTER

DETECTIVES investigating the murder of a man 16 years ago are appealing to an anonymous witness, who came forward in December, to get in touch.

A £20,000 reward remains on offer for information leading to the arrest and prosecution of the person or people who stabbed 31-year-old John Kennedy on Saturday, February 8 in 1997.

Mr Kennedy died following a fight at the Railway Arms pub, in Sutton Street, Shadwell at about 5.50am.

Detectives made further media appeals for information and witnesses last November and a few days later, on December 2, a man handed a note into St George's Town Hall in Cable Street, but did



John Kennedy

not leave any contact details.

Detective Chief Inspector John Sandlin said: "It is clear to us that the author of the note has some vital information that could assist the investigation into John's murder.

"I would urge this person to contact the incident room so that we can speak to them."

He said any witnesses would

be treated with the "utmost sensitivity".

A self-employed electrician and keen footballer, Mr Kennedy and his friends visited several pubs, arriving at the Railway Arms about 3am.

Hours later the father-of-two of Oban Street, Poplar was stabbed.

He was taken to the Royal London Hospital where he died that morning. The killer made off in a car with another man.

Last year Mr Kennedy's family appealed for people to come forward: "Please help us to finally get justice for our loved one whom is forever missed and will never be forgotten."

Any witnesses or anyone with information should call 8345 3865 or to remain anonymous call Crimestoppers on 0800 555111.

News in brief

Shisha bar closed

A SHISHA bar that persistently caused disturbance to nearby residents has been ordered to close for six weeks, after the council took action.

The Shisha Lounge (also known as the Canopy Shisha Bar) in Broomfield Street, Poplar was issued with a closure order by Thames Magistrates on February 13, running until March 27.

The council brought the case following concerns about planning and environmental health implications, and health and safety issues were raised by the London Fire Brigade.

Complaints had also been made by residents and businesses about anti-social behaviour and noise nuisance.

Free health checks

HEALTH checks, information and advice will be given at

a free event this Saturday, March 1.

Hosted by Poplar Youth and Community Development Association, it will feature presentations on diabetes and cancer, as well as advice on weightloss and smoking.

Doctors and health advisers will be at the free event at Poplar Workhouse, Poplar High Street, E14.

For further information call 07946 823522.

The have-nots?

ARE young people today part of the 'never had it' generation?

That is the question at the centre of a debate being held this week as part of the Shuffle Festival at St Clement's Hospital in Mile End.

Mile End Films editor and Queen Mary student Mitch Harris has lined up speakers who will join young people on

the panel for the discussion this Monday, February 24. It is being held at St Clement's at 2A Bow Road, Mile End from 6pm – to take part or find out more, call 07960 536763 or go to www.shufflefestival.com

Free drama show

RESIDENTS are invited to watch community groups from Tower Hamlets take part in a free performance of drama and music at the Barbican this Tuesday, February 25.

The performers have been taking part in music and dialogue workshops with the arts centre and Guildall School, and their final performances will be at Milton Court Concert Hall in Silk Street, EC2 from 5pm.

Book free tickets at <http://tinyurl.com/nrt88qj>

The Arbour is offering a free bus ride leaving at 5pm from 115 Harford Street, Stepney.



THE annual midnight Martyrs Day memorial service was held at Altab Ali Park, Whitechapel last Thursday, to commemorate lives lost 62 years ago. On February 21, 1952 dozens of students and political activists were killed when the Pakistani police force opened fire on protesters in Bangladesh, who were rallying against the decision to make Urdu the only state language of what was then East

Pakistan – and is now Bangladesh.

As a result of the protests, the government of Pakistan gave Bengali equal status as a national language.

Last week's memorial event at the Shaheed Minar monument, attended by Mayor Lutfur Rahman, councillors, officers and hundreds of residents, was organised by the council with the Kendrio Shaheed Minar Committee.

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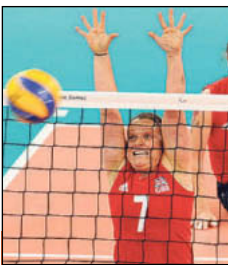
Please note: We will liaise with your GP. We are not an emergency or crisis service. If you need urgent help or support, you should contact your GP and/or the emergency services.

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Skating success

Get Your Skates On was “great for the kids, bringing the community together. Thanks for organising!”

SEE BELOW



Inspiring change

A week-long programme of events is being organised for young women to celebrate International Women’s Day from Saturday, March 8, including a talk by Paralympian Martine Wright (left).

WWW.TOWERHAMLETS.GOV.UK/YOUTH

Out and about

There was plenty on offer to keep the children busy during last week’s half-term, including

Half term, tw



YOUNG and old enjoyed a fantastic fun day of free community events at Bethnal Green Gardens last Tuesday as part of the borough’s half-term activities.

The annual event was well-attended, with almost 1,500 people taking part in a wide variety of different activities, which were organised by the council’s parks and open spaces, and sports development teams.

It brought the generations and the whole community together, with older members of the Victoria Park short mat bowls club joining children and teenagers to have a great day out.

People were able to take part

in activities including skating on the synthetic ice rink, a bungee trampoline, a cup and saucer ride, new age curling, short mat bowls, athletics, basketball, bocha, water zorbing balls, tennis and football.

Face painting, arts and crafts, health information stalls and bike workshops were also on offer.

One happy resident commented: “Great for the kids, bringing the community together. Thanks for organising.”

(Clockwise from below) Kohaku, age 1, with the Idea Store team; Nishath and Nuzhat, both 7; Hannah, 7, and Nadia, 10, on the juice bike; Diyor, 2; Kayla, 6, with her skates on; Aaliyah, 11, and Mahilya, 15 play basketball; Miami, 5, with cousins Roman, 4, Arese, 7, and Victoria Park Bowls Club; Joe, 8, on the bungee; Alamin, 4, and Sherelle





Affordable childcare

The Play Factory holiday childcare scheme provides Ofsted-registered, affordable childcare to working parents. For more details contact the Family Information Service on 7364 6495 or...

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Here's a good Idea

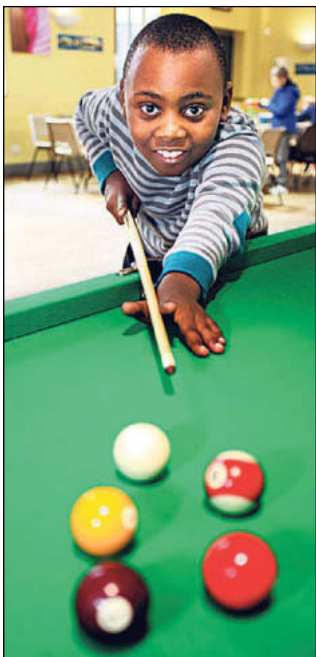
The Idea Stores have loads of activities for children including story time, book and computer clubs, and dads' club.

WWW.IDEASTORE.CO.UK

Out and about

some Winter Olympics-style sports such as curling and ice skating, as East End Life reports.

ice the fun



CHILDREN aged three to 11 headed down to the Play Factory holiday playscheme in Shadwell where a variety of fun and games was organised by the council during the week.

The scheme saw more than a hundred youngsters take part in activities including arts and crafts, team games and bike riding.

They could also take part in workshops where they baked cakes and cookies as well as making beaded bracelets and learning how to knit.

Maya Lee-Rahman, 7, said: "This week has been really exciting and I really enjoyed it."

"My favourite part of the week was making delicious cookies and I also did some

fantastic things like sewing."

Mayor Lutfur Rahman said: "I am pleased the playscheme has been a success with children and at the same time provided a vital service to working parents."

Cabinet member for children, schools and families Cllr Oliur Rahman added: "I'm delighted the scheme has been popular among the children and parents."

"Thank you to all the staff who worked tirelessly to make every day engaging and exciting for the children."



(Clockwise from below) Samuel, 8; Alana, 8, and Kaitlin, 6; Tia-Grace, 7; Paul, 9, playing pool; Joaquim, 4, Hannah, 5, and Taishi, 4; Paris, 8, with a card she made; Esther and Maryam, both 4



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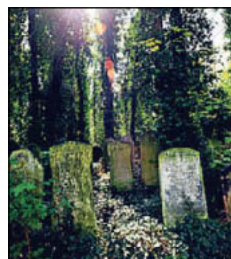
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Park is a wildlife haven

Tower Hamlets Cemetery Park is 33 acres of broadleaf woodland in a closed 19th century cemetery. It has an outstanding variety of animals and wild plants, some of which give clues to its history.

WWW.FOTHCP.ORG

Useful information

Signs of spring begin to sprout

News from the Friends of Tower Hamlets Cemetery Park

WINTER has been very mild, along with plenty of wind and rain. This mildness has led to an early spring sprouting across Tower Hamlets.

Here in the cemetery park, as the borough's only woodland park, we're very conscious of this fact. We could still get an unpleasant cold spell in March.

If we do, don't worry about the spring flowers, they're tough, but early nesting birds will suffer – keep feeding them.

Signs of spring are giving us many delights. We've seen bumblebees already, and many spring bulbs are out in abundance and flowering now, such as snowdrops, crocuses, irises and daffodils. Primroses here are in flower.

Trees are flowering, especially wind-pollinated species such as oak, ash, poplar, hazel and elm. Willows, maples, cherries and sycamores are insect-pollinated and flower later.

We were pleased to read in last week's East End Life that a disease-resistance elm is being planted in Carlton Gardens, Stepney by the mayor and we were pleased by his mention of climate change.

There are already disease-resistant elms planted in the borough at Mile End Park, north of the Ecology Park.

Here at the park we have many elms, both mature and recently planted, albeit not disease-resistant.

Last week's article mentioned the scarce white-letter hairstreak butterfly. We have a very small population here, flying in July. Has anyone else seen one locally?

Elms also support many moths, including the lime hawk. You may see butterflies on fine days in March.

They will be species that have spent the winter hibernating as an adult, such as



commas, red admirals, brimstones, peacocks and small tortoiseshells.

We've already seen a butterfly this year in the park, a peacock on February 10.

We have a large population of brimstone butterflies, and we're one of the richest sites for butterflies in urban London, having recorded 28 species since 1999.

You can enjoy spring now by visiting us, especially in sunshine, or choosing to attend one of our many forthcoming events. We have thousands of snowdrops, primroses and crocuses in flower, with bluebells to follow, and our wild daffodils are starting now.

On Sunday, March 16 at 2pm we have a spring bulb walk, and on Saturday, April 5 at 2pm we have a wild food walk. These events are free and open to all.

They start outside the Soanes Centre, just inside our main gates on Southern Grove, E3.

We're also taking part in the Shuffle Festival at the old St Clement's Hospital, celebrating its history between February 22 and 28. We're offering history and spring bulb walks, details of which can be found at www.shufflefestival.com

As a charity, the friends meet every first Thursday of the month, at the Soanes Centre from 7pm. Our meetings are open, please feel free to come along and find out more about us.

You can also visit our website www.fothcp.org and link up with us on Facebook, Twitter, and Instagram (links to which are on our website).

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street:

Mon-Fri 9am-8pm,
Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.

Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.

Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor).

To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 (or 25 for those with additional needs) including helping parents and carers find high quality childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14. fis@towerhamlets.gov.uk 7364 6495

Tower Hamlets Home Birth Support Group

Last Thurs of each month, 8pm. 31 Ridgale Street, E3. 8981 1159

Parents Advice Centre (PAC)

Offers impartial advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9.30am-1pm. 7364 6489

LinkAge Plus

Toynbee Hall is one of five network centres that co-ordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1

7392 2914
www.toynbeehall.org.uk

Welfare advice

All the organisations listed below can help you with welfare benefits, housing and general debt problems.

Account 3
1-9 Birkbeck Street, E2.
7739 7720
www.account3.org.uk

Bangladesh Youth Movement
21-23 Henriques St, E1.
7488 1831/2

Bromley by Bow Centre
St Leonard's Street, E3.
8709 9737 www.bbbc.org.uk

Citizens Advice Bureau (CAB)
32 Greatorex Street, E1.
7247 1050
www.adviceguide.org.uk

Island Advice Centre
Island House, Roserton Street, Isle of Dogs, E14.
7987 9379
www.island-advice.org.uk

Legal Advice Centre
University House, 104 Roman Road, E2.
8980 4205
www.legaladvicecentre.org.uk

Limehouse Project
Cheadle Hall, Cheadle House, Copenhagen Place, E14.
7538 0075
www.limehouseproject.org.uk

Praxis (New Residents Service)
Pott Street, E2.
7729 7985
www.praxis.org.uk

Tower Hamlets Law Centre
(specialist advice by appointment and evening legal advice sessions).
214 Whitechapel Road, E1.
7247 8998
www.thlc.co.uk

Debt advice

Toynbee Hall Advice Service
28 Commercial Street, E1.
7392 2953
advice@toynbeehall.org.uk
www.toynbeehall.org.uk

Fair Money Advice
530 Commercial Road, E1.
7702 8032
www.fairfinance.org.uk

Island Advice Centre
Island House, Roserton Street, Isle of Dogs, E14.
7987 9379
www.island-advice.org.uk

National Debt line
0808 808 4000
www.nationaldebtlne.co.uk

Step Change Debt Charity
0800 138 111
www.stepchange.org



Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name

Address

Issue no. Page no.

Window on art

The community window gallery at Canary Wharf is a space devoted to arts projects in the area.

WWW.CANARYWHARF.COM



Learning skills for the future

The Business, Enterprise and Employability (BEE) in Schools programme, organised by Tower Hamlets Education Business Partnership, helps pupils to develop their financial literacy skills

WWW.THEBEEPROGRAMME.COM

Schools news



A pupil talks to police cadets

Bring Your Job day a success

GEORGE Green's School ran its third consecutive Bring Your Job to School day as part of the students' work experience programme.

A range of people with different careers spoke to pupils and shared their expertise at the event which focussed on providing advice and experience to years 9, 10 and 11. Many professions including health, education,

retail, business and uniformed services were represented.

A presentation by Channel 4's Unreported World correspondent Ramita Navai sparked lots of questions and debate.

Law firms Clifford Chance and Osbourne Clark hosted visits at their offices while Tower Hamlets College ran sessions on creative arts and media, early years, hair and beauty and construction.

Callum wins the Speak Out prize

BY JESSICA ODUBAYO

A FERVENT speech about the serious effects of television on the nation's health won Callum Thomas (pictured) top prize in the borough-wide final of a public speaking competition.

The year 10 student at Bishop Challoner Catholic School took part in the Jack Petchey Speak Out Challenge, held at Bow School of Maths and Computing on February 12.

Callum impressed judges with his speech entitled TV &



Obesity, fighting off stiff competition from 14 other young speakers from ten of the borough's secondary schools.

"I cannot believe it. I owe it to the staff at Bishop Challoner. I can't wait to do it again," Callum said after he picked up his prize

of a trophy, a £100 gift certificate and a chance to go through to the grand final of the Speak Out Challenge in July.

Manthaka Doha from Sir John Cass's Foundation School came second and Mohammed Imran Islam from Stepney Green Maths & Computing College won third prize.

Presenting the awards, Anne Canning, head of learning and achievement, education, social care and wellbeing at Tower Hamlets Council, and one of the judges said the students were very impressive and passionate in their delivery.

Artwork is centre stage

A SELECTION of hand painted silk banners made by pupils and parents at Cubitt Town infant and junior schools on the Isle of Dogs are on display in Canary Wharf.

Parents are encouraged to contribute to the schools' curriculum by delivering creative workshops for pupils.

Canary Wharf invited the school to exhibit their work in the community window gallery, a space which is devoted to arts projects in the area.

The display in Jubilee Walk will run until the end of March.

"We hope that passers-by in Canary Wharf enjoy our work as much as everyone has enjoyed this project," said parent liaison co-ordinator Jacqui Jenkins.

A season of art activities

THE talents and skills of young people with autism were highlighted during an arts festival, which was created and managed by senior pupils.

Phoenix School's arts festival also celebrated its approach to creative learning and supporting the curriculum through expressive arts.

A highlight of the festival was a production of the Shakespeare play The Merchant of Venice, staged by the pupils' Break A Leg Theatre Company.

The play was adapted to raise autism awareness and explore issues of racism and prejudice, as well as attitudes towards disability.

With the seasons as its theme, other festival activities



A pupil in the trees exhibition

included arts and crafts workshops, jazz clubs, treasure trails, animation, horticulture, architecture, sensory stories, dance and drama.

It also featured multi-sensory installations with pupils role-playing in theatrical sets of gardens through the seasons.

Pupils worked with parents

to create a play in a day and performed their work to guests, including pupils from other schools.

The arts festival, which ran from February 3-14, ended with an exhibition entitled The Forest for which each pupil helped create a tree representing human rights.

Pupils given a helping hand with finance

CHILDREN from Lansbury Lawrence Primary School in Poplar have started a financial programme introducing them to the concepts of money, banking, taxation and enterprise.

The school has been partnered with volunteers from the insurance and financial ser-

vices firm, Prudential, as part of the teaching programme Business, Enterprise and Employability (BEE) in Schools organised by Tower Hamlets Education Business Partnership.

Year 5 and 6 pupils will cover topics such as working for a

living, tax, earning and paying interest, negotiating, history of money, retail and marketing.

A number of visits are planned to the firm's office, the Bank of England and the Museum of London Docklands, leading to an enterprise exercise for pupils.

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WWW.CITIZENSUK.ORG



Private performance from Half Moon

Schools or community groups looking to see a show can book an additional performance of a Half Moon production, including Misunderstood Monsters, at the theatre or in your own building.

CALL BECCY ALLEN ON 7709 8908

News

News in brief

Win concert tickets

A SPECIAL fundraising concert is being held in central London for arts education charity Eastside Educational Trust as part of its 20th anniversary celebrations.

The performance of Bob Chilcott's A Little Jazz Mass will be held at St Clement Danes Church in the Strand on Sunday, March 9 at 4pm, as part of the Brandenburg Choral Festival.

And the trust is offering the chance to win a pair of tickets to any one of the festival concerts – simply answer the following question:

Which famous London church was immortalised in the nursery rhyme Oranges and Lemons?

The answer can be found at www.eastside.org.uk – email your answer to dev@brandenburg.org.uk quoting reference EET by February 28.

For further information and to book tickets, call 7033 2380, email online@eastside.org.uk or visit www.eastside.org.uk

Footy fundraiser

POPLAR United Football Club raised £1,000 for Syrian refugees at a charity day. The eight-team tournament was won by the hosts, Workhouse. Prizes were presented by Kahar Chowdhury and Jumam Alam of sponsors Sterling de Vere.

Hats off to star milliner Melanie

BY JESSICA ODUBAYO

AN award-winning millinery student is looking forward to starting her own business after acclaim for her work.

Melanie Lewiston, 52, enrolled on a Masters degree in fashion at the Royal College of Art after completing an evening course in hat-making.

While she was on the evening course Melanie entered a competition run by The Worshipful Company of Feltmakers and won first prize for what the judges called a “delightful little perching riding hat with beaded vintage veil and veiling ‘snood’” (pictured above).



They also said her design was “beautifully crafted and well balanced”.

The designer, who lives in Limehouse, received financial backing and support from Tower Hamlets and Canary Wharf Further Education Trust for her degree course. She told East End Life that she would not have

been able to undertake the two-year MA programme without the help of the trust.

Meanwhile, she has been invited to showcase her work at a trade fair at the ExCel centre in Royal Victoria Dock and she said she would like to give something back to the community by teaching millinery skills to others.

■ Tower Hamlets and Canary Wharf Further Education Trust promotes the advancement of further, higher and postgraduate education and vocational training among Tower Hamlets residents, with an emphasis on supporting courses that lead to employment – more details at www.towerhamlets.gov.uk

Police walkabout highlights safety issues

RESIDENTS, community and faith groups joined forces to shine a light on issues of safety in their area at a walkabout.

Members of community organisers Telco have identified issues such as poor street lighting and a lack of police patrols

in certain areas, which can make residents fearful in the evenings.

To highlight their concerns, a walking group, including worshippers from local mosques, Salvation Army members, university students and school children, went on a torchlit

tour of the Stepney and Mile End area on February 13 with police officers, including Chief Inspector Mark Long.

Community organiser Yasmin Aktar said it was a good opportunity for people to share their concerns directly with the police in a fun and interesting way.

IF you're frightened of fiends, spooked by spiders or afraid of aliens you can overcome your terrors at the Half Moon Theatre this Saturday, March 1.

Fast-moving adventure Misunderstood Monsters uses spoken word and music to tell the story of Saint Georgie, a professional monster catcher and his faithful sidekick, Squeezy. The pair are on their most dangerous mission yet, using the latest technology to battle vile beasts. But when earth is threatened by tiny Scoodlefug aliens, Georgie is forced to question who the real bad guys are and needs the audience to come to the rescue.

Suitable for children aged four to nine, performances are at 11am and 2pm.

Afterwards audience members can download a free app to undertake a series of challenges connected with the show, and play the Monster Vision Challenge. For tickets at £6 each, visit www.halfmoon.org.uk/book



Aoife Mannix (left) and Janie Armour

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News

LOVE was in the air over Canary Wharf when a fireworks company staged a unique display on the Thames to celebrate Valentine's Day.

Nearly 1,000 fireworks filled the sky and the four-minute spectacle consisted almost entirely of red hearts.

The show, hosted by Fantastic Fireworks, was put on from the deck of a barge on the Thames between Canary Wharf and the O2.

Photo by Benjamin Mole



Man is jailed for killing his girlfriend's cat

A MAN who killed his girlfriend's cat by attacking it with a plastic mop has been sentenced to eight weeks in prison and banned for life from keeping animals.

Robert Linsdall, aged 26, of Macquarie Way, Isle of Dogs, pleaded guilty to causing unnecessary suffering to the grey female cat called Narla.

A veterinary report found Narla died from a sustained 15-minute attack with the plastic mop last September.

Animal charity the Royal Society for the Prevention of Cruelty to Animals (RSPCA) were informed after Linsdall contacted the organisation to confess to causing the cat's death.

He said it was a reaction to the cat going to the toilet on his clothes.

Speaking after the trial, RSPCA inspector Clare Dew said: "It would appear that he just completely lost his temper.

"He has since been very remorseful, but it is simply not acceptable to lose your temper to that extent."

Linsdall was sentenced at Highbury Corner Magistrates Court on February 7.

Charity to offer follow-up help

BY JESSICA ODUBAYO

LONDON'S Air Ambulance is extending its care to ensure patients receive the appropriate follow-up support.

The charity, which delivers an advanced trauma team to critically injured people in London, has created a role of patient liaison nurse with the support of funding from the City Bridge Trust.

The nurse will aim to assist air ambulance patients return to independent living, bridging

the gap between treatment given at the scene of the emergency and the patient's long-term recovery.

Graham Hodgkin, chief executive of London's Air Ambulance, said: "Thanks to the generous donation of the City Bridge Trust, we can now support patients both through to discharge from the hospital and throughout their rehabilitation process."

Frank Chege (pictured left), an emergency nurse at the Royal London Hospital, Whitechapel,

for the last seven years, has been appointed to the new role.

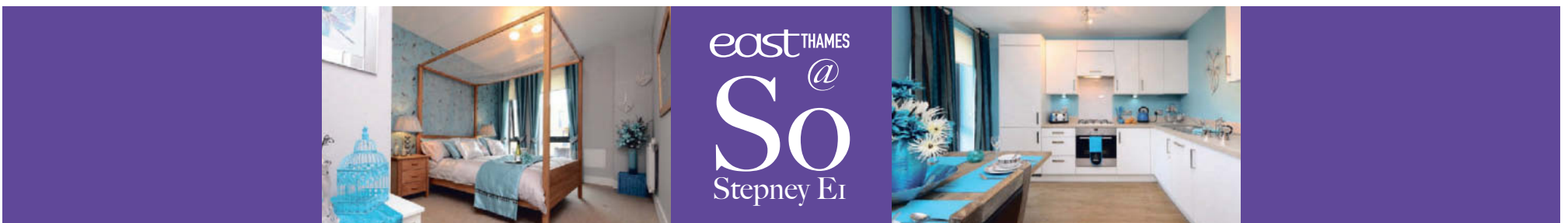
He said: "I have always wanted to be involved with London's Air Ambulance and this opportunity allows me to draw on my clinical experience while supporting patients' physical and psychological recovery.

"I believe that understanding your injuries is the beginning of the recovery process. Following up with our patients and their families will allow us to explain the pre-hospital medical care they received."



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Interested in history?

The Local History Library and Archive in Mile End has thousands of photos, documents, maps and books.

CALL 7364 1290



Centuries of infamy...

Attracted by its unsavoury standing, celebrated writers such as Charles Dickens and Samuel Pepys would drop in regularly to The Prospect of Whitby for a drink.

History

Raise a glass to a grisly, gripping tale

Emily Medina

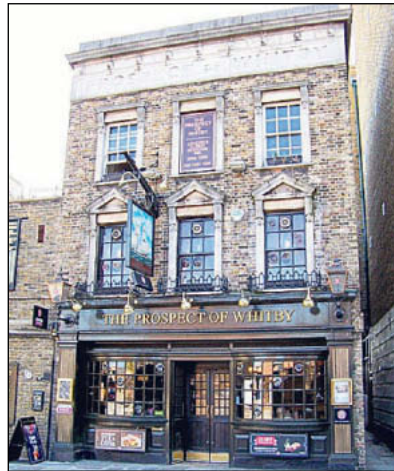
Kennedy, 11, lives in Poplar where she is a pupil at Holy Family RC Primary School. She and her family enjoy visits to Wapping, which she describes as a 'magical place'. They particularly enjoy going to the Prospect of Whitby and Emily has been researching its history and that of neighbouring pubs.

THERE are some things teachers don't tell you about the past – the savage, the vicious and the blood-thirsty. Luckily, there's a book that kids can rely on, Horrible Histories, but even that missed a trick – The Prospect of Whitby.

Behind all the drinking and chattering of this ordinary pub, lie secrets. Descend the steps down a small alley on to the shore where a solitary noose hangs.

Dating from around 1520, the venue claims to be London's oldest riverside pub. It was named the Pelican, but became known as the Devil's Tavern, because of its dubious reputation as a meeting place for sailors, smugglers and cut-throats.

Following a fire the tavern was rebuilt in 1777 and renamed The Prospect of Whitby. All that remains of the original building is the 400-year-old flagstone floor and its fascinating heritage.



Situated between Canary Wharf and the City, with cobbled streets and trendy warehouse conversions, Wapping is now a highly desirable location. However it was once described as "the usual place of execution for pirates and sea-rovers, at the low-water mark there

to remain, till three tides had over-flowed them".

Crimes committed at sea would be tried in London by the High Court of the Admiralty. The condemned were paraded across London Bridge, past the Tower of London, then transported in a cart to Wapping's Execution Dock where pirates and mutineers were brought to justice for 400 years. The last villain was hanged there in 1830.

The Admiralty would order that their bodies were to be tarred and hung in chains as a warning about the fate awaiting those who turned to piracy.

Judge George Jeffreys, the so-called Hanging Judge, who was infamous for sentencing people to the gallows, was a regular at the Prospect of Whitby.

He was reported to have been particularly fond of ordering this form of execution. It's said he would hire a

room at the Angel Inn, on the south bank of the Thames, to get a perfect view of the hangings.

Two other Wapping taverns were popular in that piratical era. Serving the needs of the shipyards and wharves from the 15th century, The Town of Ramsgate claims to be 'the oldest pub on the River Thames'. Eighteenth century press-gangs imprisoned drunks in the wine cellars and forced them on to the King's Naval vessels. At low tide visitors can still see the post to which condemned pirates were chained to drown as the tide rose.

Halfway between the two historical rivals is The Captain Kidd pub, named after the infamous Scottish privateer who hunted and captured pirates but was later accused of turning to crime himself. Arrested at Newgate Prison, he was convicted then hanged at the dock in 1701, guilty of murder and piracy.

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(All meetings are scheduled to last two hours)

Bethnal Green South

Tuesday, February 25, 6.30pm

Idea Store Whitechapel,
321 Whitechapel Rd, E1 1BU

Bow East and West

Wednesday, February 26, 6.30pm

St Paul's Church, St Stephen's Rd, E3 5JL

Bromley-by-Bow

Monday, February 24, 6.30pm

Kingsley Hall, Powis Rd, E3 3HJ

Mile End and Globe Town

Monday, February 24, 6.30pm

Ocean Estate Tenants and Leaseholders
Association Hall, Anson House Forecourt,
Ernest St, E1 4SE

Mile End East

Thursday, February 27, 6.30pm

St Paul's Way Centre, 83 St Pauls Way, E3 4AJ

Millwall

Tuesday, February 25, 6.30pm

Alpha Grove Community Centre,
Alpha Grove, E14 8LH

Spitalfields and Banglatown

Wednesday, February 26, 6.30pm

Toynbee Hall, 28 Commercial St, E1 6LS

St Katharine and Wapping

Thursday, February 27, 6.30pm

Hurtado Centre, 2 Chandler Street, E1W 2QT

For more information visit www.towerhamlets.gov.uk/localforums



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The fickleness of royal favour

On the site of 241 Mile End Road, a little over 400 years ago, stood one of the grand houses of Elizabethan London – home to a family that dabbled in treason.

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

SEE BELOW

WWW.EASTLONDONHISTORY.COM

History

Love nest incurred wrath of the Queen

BY JOHN RENNIE

THE most unpromising stretches of an East End street can reveal historical surprises... if you know where to look.

241 Mile End Road is an unprepossessing site today. A Victorian terrace, flanked on one side by a chicken takeaway, on the other by an electrical store, it has probably gone through a dozen retail lives or more before becoming fruitfully reborn in its present life – as the Mazahirul Uloom Mosque.

But on this site, a little over 400 years ago, stood one of the grand houses of Elizabethan London – home to a family that dabbled in treason, and which saw the incarceration of a Queen's favourite.

Pick out the main road east out of London on Joel Gascoyne's map of 1703 (A Map of the Hamlet of Mile-End Old-Town in the Parish of Stepney alias Stebunheath) and you will see a house called Frogmorton's marked where No 241 now stands. It's a corruption of the name of its first owners. Just before Christmas 1587, Sir Arthur Throckmorton and his wife Ann moved into the house facing Mile End Green (a long ago built-over stretch of common land).

The Throckmortons were intimately connected with Queen Elizabeth. They were blood relations of Catherine Parr, the last wife of Elizabeth's father, Henry VIII. Sir Arthur's sister Bess was the Queen's lady of the bedchamber – one of her most trusted servants; his father, a committed Protestant, had been one of Elizabeth's most trusted advisers.

But more worryingly, Sir Arthur's cousin Francis had been caught up in the intricate religion-politics of the day, and identified as the ringleader in a plot to murder his monarch, acting as an intermediary between supporters of the Catholic succession on the Continent, and friends of the imprisoned Mary, Queen of Scots. Having had the story forced out of him on the rack (a confession he later retracted),

(Right) Thought to be Sir Walter Raleigh's house at Blackwall, demolished in the 1890s to make way for the Blackwall Tunnel (Below right) Sir Walter with his son Walter (Wat)

Francis had been hanged for high treason in 1584.

Sir Arthur, though, was a more cautious figure. His diary provides fascinating insights into life at the new house in the Middlesex countryside. His writings reveal an anxious man, a pill-popping hypochondriac who spent vast sums consulting physicians and apothecaries and having himself purged. He spent hours consulting his stars, worrying about his wife's periods and her post-natal depression (*douleur du laice*).

There is little mention of religion, bar the odd wedding, christening or funeral and – interestingly – the expenditure of £3 on the works of Martin Luther. It's not a huge sum but it does show a commitment to the Puritan, Protestant creed.

There was nothing spartan about life at Throckmorton's though. The house had 14 servants, including a footman, a coachman, a 'blackamoor' from Guinea, maids and a cook. The accounts are extraordinarily detailed. There is a shilling (1s, now 5p) to his barber for trimming, 1s6d to the farrier for shoeing a horse, and 10s to the vicar of St Dunstan's to 'church' Lady Ann. There is the luxury of tobacco at 11s6d for 30z, a velvet gown for Ann costing £15, a pair of silk stockings at 35s. Huge expense, and the list goes on and – exhaustively – on.

But Sir Arthur's anxious country retreat was about to be disturbed by the arrival of his tempestuous sister Bess. She had become pregnant out of wedlock. Worse, the father was the Queen's favourite – explorer, adventurer, spy writer, poet, soldier, politician, courtier, or, depending on your point of view, pirate – Sir Walter Raleigh.

Raleigh had helped open up the Americas, via a succession of (admittedly unsuccessful) attempts to settle the new colony of Virginia. One of his most remarkable impacts on the Old World was to begin the import of the tobacco that Sir Arthur so loved (and which has killed so many of us since). He also had East End connections, with his own house at Blackwall. Remarkably, the house claimed to be that of Raleigh was only demolished in the 1890s, to make way for the Blackwall Tunnel.

Elizabeth was a jealous patron, and she was furious that her beloved Raleigh had impregnated one of her trusted companions. On March 29, 1592 Bess gave birth to a boy. Dick, the Mile End footman, was given 10s to journey to Chatham to tell Raleigh. He in turn despatched his half-brother



Adrian Gilbert back to Mile End with £50 for Bess. The child was baptised with the name of Damerei, an old family name emphasising Raleigh's (questionable) descent from the Plantagenets – Raleigh aspired to royal, not simply noble, blood. Within days, Raleigh, mother and infant were confined to the Tower of London, ostensibly for marrying without the Queen's permission.

By October, the child was dead from the plague, but Raleigh had been freed from prison, the Queen's need for his naval skills over-riding her vengeance. In August he helped set up an expedition to attack the Spanish coast, capturing the lavishly laden warship the *Madre de Deus* off Flores. A considerably richer Queen released Bess in December that year.

There were more children, born and raised in Mile End, sons Walter (Wat) and Carew, and though the Queen no longer favoured Raleigh, he still made a good living from trade, while Bess proved a capable manager of the family finances. The family (with a largely absent Raleigh) now alternated between Mile End and the explorer's estate at Sherborne, Dorset.

He would go on to launch expeditions to South America and was an enthusiastic sponsor of the El Dorado myth (concerning a city made entirely of gold). Sadly, he failed to bring much of the stuff back to England. He became an MP, and he served as Governor of Jersey.

A comfortable retirement should have ensued, but with the death of the queen in 1603, Raleigh's fragile relationship with the monarchy shattered. Raleigh was tried for plotting against James I and was found guilty of conspiracy. But remarkably, in this age of plots, Raleigh's self-conducted defence was enough to convince the king to spare his life. Instead, the adventurer spent the next 13 years in the Tower. Carew was even conceived and born while Raleigh was



a prisoner in 1604, so conjugal visits were obviously permitted.

Indeed, Raleigh lived his years in the Tower in some comfort, as befitted such a useful servant to the Crown. And perhaps James always assumed he would come in useful again. For in 1616, Raleigh was freed, in order to mount a second expedition to Venezuela to find El Dorado. Again, no gold, but an attack on a Spanish town on the Orinoco River that not only saw the fatal shooting of young Wat, but also brought the vengeance of the Spanish on his head.

The ambassador to the Court of St James demanded the English king reinstate the death sentence, and Raleigh was beheaded in the Old Palace Yard at the Palace of Westminster on October 29, 1618.

The fate of Frogmorton's is less clear, but it disappears from Mile End maps by the end of the 19th century.

■ Further reading – *Old East Enders: a history of the Tower Hamlets* by Jane Cox.

“Elizabeth was furious. Within days Raleigh, mother and infant were confined to the Tower.”

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Tuesday, February 25

7pm: Strategic development committee

The agenda includes: proposals to demolish building on site H on the Ocean Estate, Aston Street, E1 and construct three residential blocks, 2-13 storeys high; change of use of Sceptre Court, 40 Tower Hill, EC3 from office to higher education establishment and office. More details on 7364 4877 or email zoe.folley@towerhamlets.gov.uk

7.30pm: Pensions committee

Business includes reports on the 2013 actuarial review, funding strategy statement and pension fund work plan. More information on 7364 4881 or email antonella.burgio@towerhamlets.gov.uk

Wednesday, February 26

7.30pm: Council

Budget meeting and setting of council tax.

For details call 7364 4204 or email johns.williams@towerhamlets.gov.uk

Tuesday, March 4

6.30pm: Licensing sub-committee

More details on 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

7pm: Overview & scrutiny committee

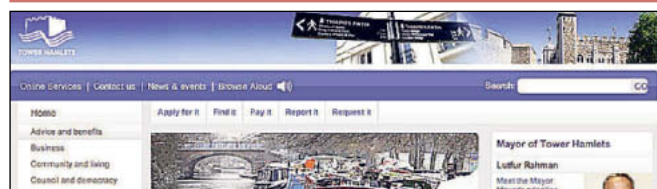
More information on 7364 4333 or email angus.taylor@towerhamlets.gov.uk

Wednesday, March 5

5.30pm: Cabinet

Call 7364 4651 or email matthew.mannion@towerhamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG.



Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

The Government is changing benefits

Prepare and act now



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM



Young people are being invited to volunteer at one of the borough's youth centres, such as Turin Street (above), for six months

Youth volunteers are being sought

BY RAJU MIAH

THE council is looking to recruit 15 young people aged 16-24 to volunteer for six months at one of the borough's youth centres.

Successful candidates will have the chance to deliver a social action project and complete a minimum level 2 qualification in youth work.

They would need to commit to a full day of training in addition to attending three evening sessions at the nominated youth centre between February and September.

Mayor Lutfur Rahman said: "Young people are at the very heart of this community and that is why I am committed to supporting opportunities like this which give our young people the boost they need to reach their potential."

The scheme gives participants the chance to develop their work-place skills and receive tips on writing a CV, presentation and interview skills.

Cabinet member for children, schools and families Cllr Oliur Rahman said: "We offer a fantastic array of activities, courses and events and this

scheme will give young people the opportunity to experience what it's like to deliver youth projects."

Anyone who is interested has until Monday, February 24 to register their interest by emailing their CV and a covering letter, explaining why they would like to take part, to hasan.faruq@towerhamlets.gov.uk

Travel and food expenses can be covered, depending on individual requirements.

For more information contact 7364 0892 or visit www.towerhamlets.gov.uk/youth

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1.

7790 1344

www.lifeline.org.uk

Nafas

Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People's Service

Treatment for under-19s. Unit 26, Skyline Village, Limeharbour, E14. 3069 7878 www.lifeline.org.uk

Isis

For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1. 7426 0399 www.compass-uk.org

Community Alcohol Team

Unit 22, Skylines Village Limeharbour, E14. 0800 008 7200 www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081



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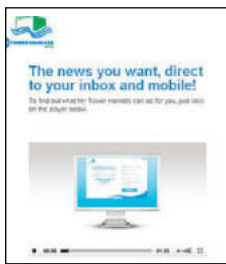
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We cover Tower Hamlets, Newham, Redbridge & Hackney.



Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK

Don't forget...

Go along to your local community ward forum and help decide how to spend £10,000 on improvements.

WWW.TOWERHAMLETS.GOV.UK/LOCALFORUMS

Council information

Town Hall

Town Hall, Mulberry Place,
5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance –
7364 5007
Environmental health,
trading standards & licensing
– 7364 5008
Planning & development
– 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364
5015
Healthline – 7364 5016

General enquiries

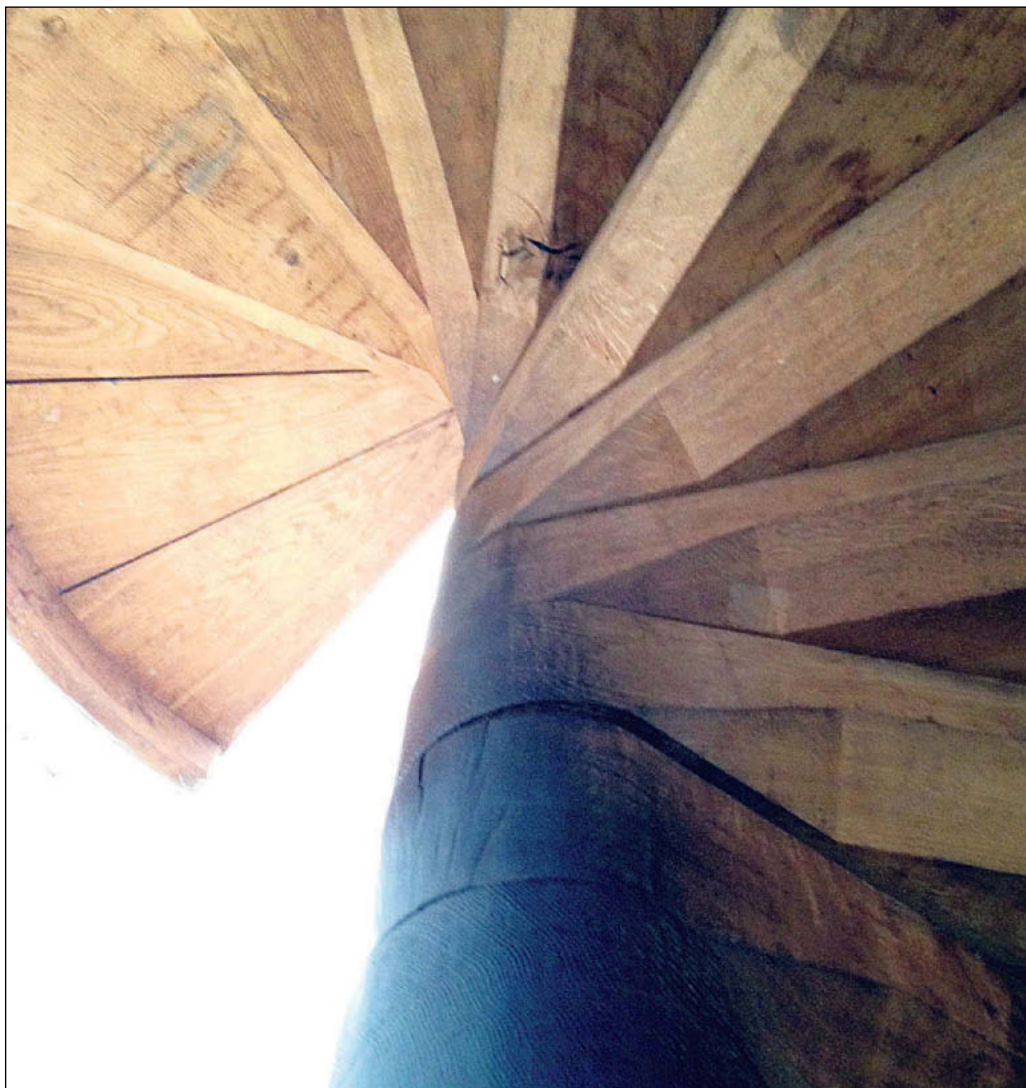
For other council enquiries call
7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice (E14) – 7364 7507
Housing advice (E1, E2 or E3)
– 7364 3558
Homeless service – 7364 7474
Choice-based lettings
– 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you need to contact, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? The photo was taken by Mexican freelance designer Greco de la Torre who recently moved to Wapping. He wrote: "Walking and taking deep breaths of fresh air is my source of inspiration. "I am always trying to find something new in my surroundings." If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Crisp Street, E14
Stepney & Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Crisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Crisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk

Report it!

To report an incident, use these 24-hour freephone numbers:

Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available

0800 279 5434 (office hours)
24-hour domestic violence national helpline

0808 2000 247
Haven Whitechapel (sexual assault referral centre)

7247 4787
Karma Nirvana (Honour Network Helpline)

0800 5999 247
Broken Rainbow (LGBT domestic violence)

0845 260 4460
Black Women's Health & Family Support
8980 3503
Rights of Women

(legal advice)
7251 6577

Victim Support Line
0845 30 30 900
Victim Support Tower Hamlets

8555 8254
NSPCC Child Protection Helpline

0800 800 5000
Childline

0800 111
Shelterline
0808 800 4444

Respect (for perpetrators)
0845 122 8609

Reunite (advice about child abduction)

0116 2556 234
Men's Advice Helpline
0808 8010 327
Samaritans
08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305

Trading standards
Consumer Direct: 08454 040506

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Harmony

Libta ay ururada Somalidu heleen

Awards for Somali groups – pages 18 & 19

LABA urur oo Somaliyeed ayaa ku guuleystey in loo aqoonsadi adeega guriyeynta dadka jilic-dasan, ee hayaan.

Ururka Tower Hamlets ee Dallada Ururada Somalida ayaa ku guuleystey shaahado, hab-sarni ugu adeega guriyeynta, oo ay ku mutaysteen heerka hab-sarni u gudashada hawshooda Ururka Ocean ee Somalidu shahaadaa wuu sigay, waxaanu noqday kaalinta labaad.

Aalaaba ururadan samafalka oo ay maareeyaan samafalayaal, adeegoodu wuxuu ku jaan go'an yahay arrima door ah oo ka mid yid yihiin guriyeynta, fanka, daryeelka bulshada, caafimaadka, isku xidhka bulshada iyo qaar kale oo badan.

Arrimahaa waxaa ku jiri kara talo bixin, tabo baro iyo taageero abaabulid cayaaraha kubada cagta, oo carruurta lagaga fo-geenayo shaaricyada iyo taageerada loo fidinayo dadka naafada ah.

Ururada waxaa lagu mar-tiqaaday in ay soo gudbiyaan 12 heer oo kala soocan oo ka kooban shanta qorsha ee kawnsulka bulshada ugu talo galay.



Tower Hamlets Somali Organisations Network

Xulista ururada adeegyada u fidiya bulshadu dhammaan heer sare ayay ahayd, kuwa guuleystayna waxaa soo saaray guddi madax banaan oo ka kooban saraakiil kawnsulka ka socota iyo kooxda dalada guud. Meeyar Lutfur Rahman oo ar-rintaa ka hadlay ayaa hanbalyo iyo bogaadin u gudbiyey dhammaan kuwii ku guuleystey abaalmarinta, ee dadaalka iyo hurintaanka ku mutaystay abaalmarinta ee adeegyada u fidiyey dadweynaha.

Wuxuu sheegay in ay dhammaantood muujiyeen hawlka-rnimo iyo dacadnimo oo adeegyo wax ku ool aha, isla-

markaana ay taabo geliyeen in dadweynuhu hadduu wadajir wada shaqeeyo laga midhi dhalin karo faa'iidooyin.

Waxaa sii dheeraa guddoonka, in deeq ay heli doonaan wareega 2b ee barnaamijka sanduuqa bulshada ee yurubiyaanka, wareegii sedexaadna si rasmi ah ayaaba loogu daah furay munaasabadan.

Deeqahani waxay waxaa loo fidinayaa mashriicda wax ka tarays shaqo la'aanta dadka jilicdsan oo ay ku jiraan kuwa aan muddo dheer shaqayn, sida kuwa naafada ah ee bulshooyinka laga tiro badan yahay.

যুদ্ধ-বীরের প্রতি শ্রদ্ধা জানাতে স্টেপনীর কার্লটন পার্কে দুর্লভ গাছের চারা রোপন

Rare English elm planted to commemorate hero – page 3

দ্বিতীয় বিশ্বযুদ্ধে ডানকির্ক মেডেল বিজয়ী স্থানীয় বীর উইলফ্রেড কোপেনস স্মরণে স্টেপনী গ্রীণের কার্লটন গার্ডেন্সে রোপন করা হয়েছে অত্যন্ত দুর্লভ ইংলিশ এম ট্রি।

নির্বাহী মেয়র লুৎফুর রহমান আনুষ্ঠানিকভাবে দুর্লভ এই গাছের চারা রোপন করেন। এসময় রয়াল ব্রিটিশ রিজিয়নের স্ট্যাভার্ড বহন করা হয় এবং বিউগলে লাস্ট পোস্ট এর করুণ সুর বাজানো হয়।

স্থানীয় বাসিন্দাদের পাশাপাশি দ্যা কনজাভেশন ফাউন্ডেশনের প্রতিনিধি লিবি সেমন এবং জেমন কোলমেন উপস্থিত ছিলেন।

মিঃ কোপেনস স্থানীয়ভাবে খুবই পরিচিত ছিলেন। একজন এতিম হিসেবে বড় হওয়ায় তার কোন নিকট আত্মীয় নেই, কিন্তু কার্লটন স্কোয়ারে তার প্রতিবেশিরা তাঁকে তাদের হৃদয়ে বসিয়েছিলেন। সবর কাছে তিনি ছিলেন খুবই প্রিয়। গত বছর তিনি মারা যান। তখন তাঁর বয়স হয়েছিলো নব্বই বছরেরও বেশি। তাঁর মৃত্যুর পর প্রতিবেশিরা আবিষ্কার করেন যে, মিঃ কোপেনস ছিলেন অনন্য যুদ্ধ-রেকর্ডের অধিকারী, তিনি ডানকির্ক মেডেল জিতেছিলেন।

কার্লটন গার্ডেন্সের যে বেষ্ট জীবনের অনেকগুলো বছর কাটিয়েছেন মিঃ কোপেনস, তার পাশেই তাঁর স্মৃতির প্রতি সম্মান জানিয়ে রোপন করা হয় দুর্লভ এম বৃক্ষের চারা।

গ্লোস্টারশায়ার থেকে আনা এই চারাটি প্রদান করেছে কনজারভেশন ফাউন্ডেশন।

দুর্লভ এই গাছের চারা রোপনের পর নির্বাহী মেয়র লুৎফুর রহমান বলেন, আমি আশা করি



From left: Paul Scroby, standard bearer Royal British Legion, Mayor Rahman, event organiser Anna Gaudion and Robert Richier, from the Royal British Legion

আমাদের এই বারায় আবারও এম গাছের সমারোহ সৃষ্টি হবে এবং বারা হবে অধিকতর সবুজ। এভাবে আজ আমরা এমন একজনের স্মৃতির প্রতি শ্রদ্ধা নিবেদন করছি, যিনি জীবন পেয়েছিলেন।

বাজী রাখা লক্ষ লক্ষ ব্রিটিশ, কমনয়েলথ ও যৌথ বাহিনীর কন্মেরডদের একজন, যাদের সাহসিকতা ও আত্মত্যাগে ১৯৪০ সালে এই দেশ রক্ষা পেয়েছিলো।

Talaalka hargabaka ee xilliga qaboobaha

Vaccination against seasonal flu – issue 997

GOBOLKA Tower Hamlets ayay kor u kacday tirada dadkii qaatay talaalaalka xilligan qaboobaha.

Boqolkiiba todobaatan iyo lix ayaa la talaalay, dadka ka weyn 65 jir taasi oo ka badan gobolkasta oo London, aadna uga saaraysa tirade isku celcelinta ee boqolkiiba sagaal iyo lix-danka aha.

Haweenka uurka leh ee is ta-

laalay tiradoodu waxay kor u kacday boqolkiiba sided iyo afar-tan, halka ay London ka ahayd boqolkiiba shan iyo sodon.

Talaalka hargabku wuxuu u ahaa lacag la'aan dadka ka weyn lixdan iyo shan, haweenka uurka leh, iyo ciddii qabta xanuun uu halis gelin karo ee xannuun ma guuraan ah qabta.

Haweenka uurka leh waxaa kale oo ay qaateen talaalka

ilmaha uurka ku jiraa in uu qaado qufac.

Nofembar-tii la soo dhaafay boqolkiiba lixdan ayaa qaatay talaalkaa, haweenka uurka leh. Waa tiradii ugu badnayd tan iyo markii la soo rogey talaalka noocan ah, bishii Iktobar 2012.

Talaalka hargabku wuu so-canayaa ilaa bisha Maarij, haweenka uurka lihina way la tashan karaan dhakhtarkooda.

বেনিফিট জালিয়াতির দায়ে ২ পুরুষ ও ১ মহিলার দন্ড

Council cracks down on benefit cheats – issue 996

বেনিফিট গ্রহিতা হিসেবে নিজেদের যাবতীয় আয় ঘোষণা করতে ব্যর্থ হওয়ায় টাওয়ার হ্যামলেটসের দুই পুরুষ ও এক মহিলাকে জেল ও অর্থ দন্ডে দণ্ডিত করা হয়েছে।

লন্ডন ই২ এর মন্টক্রেয়ার স্ট্রিটের বাসিন্দা মোহাম্মদ ইসলাম (৩৩) প্রায় ৬ বছর ধরে তার পার্টনারের ইনকাম অবহিত করেননি। তিনি ২০০৬ থেকে ২০১২ সাল পর্যন্ত অবৈধভাবে ১৭,৪০৯ পাউন্ড হাউজিং বেনিফিট, ৫,০৪৩ পাউন্ড কাউন্সিল ট্যাক্স বেনিফিট এবং ৩৩,৯২০ পাউন্ড ইনকাম সাপোর্ট লাভ করেন। সম্প্রতি স্নেয়ার্সক্ৰেক ক্রাউন কোর্টে শুনানীর পর আদালত তাকে ১০০ মাসের জেল দন্ড ও ১০০ পাউন্ড জরিমানা করেন।

ই২ এর সেওয়ার্ডস্টন রোডের বাসিন্দা বেরি ব্রট (৫৩) চার বছর ধরে অনলাইন শপ ই-বে-তে বৈদ্যুতিক সরঞ্জামাদি বিক্রির কথা কর্তৃপক্ষকে

অবহিত করেননি। তিনি অবৈধভাবে ১৯,৪০৬.৮২ পাউন্ড হাউজিং বেনিফিট, ২,৭৭১.৩৫ পাউন্ড কাউন্সিল ট্যাক্স বেনিফিট এবং ১৮,৪৮৯.৪২ পাউন্ড ইনকাম সাপোর্ট লাভ করেন। টেমস ম্যাজিস্ট্রেট কোর্টে শুনানী শেষে ব্রটকে ২০ সপ্তাহের জেল দন্ড প্রদান করা হয়।

ই১ এর স্টেপনীর হারফোর্ড স্ট্রিটের বাসিন্দা মিস্ মোনা আহমেদ (২৬) ফুল টাইম উচ্চ শিক্ষা রত থাকার কথা এবং স্টুডেন্ট লোন ও গ্র্যান্ট থেকে আয় গ্রহণের কথা অবহিত করতে ব্যর্থ হন। এ ব্যাপারে টেমস ম্যাজিস্ট্রেট কোর্টে শুনানী শেষে আদালত ১৮ মাসের জন্য কমিউনিটি ওর্ডার প্রদান করেন। এর মধ্যে রয়েছে বিনা পারিশ্রমিকে ২৪০ ঘন্টা কাজ করা এবং ৩০ দিনের কারফিউ, ঐ সময় বিকাল ৬টা থেকে সকাল ৬টা পর্যন্ত তাকে ইলেক্ট্রনিক্যালি ট্যাগ লাগানো হবে।

বেনিফিট জালিয়াতের সাথে জড়িতদের চিহ্নিত ও পাকড়াও করতে টাওয়ার হ্যামলেটস্ কাউন্সিলের ইনভেস্টিগেশন টীম কাউন্সিলের অন্যান্য বিভাগ, সরকারের ডিপার্টমেন্ট ফর ওয়ার্ক এন্ড পেনশনস্, পুলিশ এবং জনসাধারণের সাথে অত্যন্ত ঘনিষ্ঠভাবে কাজ করে থাকে।

ডেপুটি মেয়র কাউন্সিলর আহিদ আহমদ বলেন, আমাদের সমাজের সবচেয়ে অসহায় যারা, তাদেরকে প্রয়োজনীয় সহযোগিতা প্রদান করে এই কল্যান রাস্তা। এর অপব্যবহার মোটেই কাম্য নয়। বেনিফিট ফ্রড বন্ধ করতে আমাদের পক্ষে যতটুকু করা সম্ভব আমরা তা করে যাবো।

কেউ বেনিফিট ফ্রড করছে – এমনটা সন্দেহ করলে, ০২০ ৭৩৬৪ ৭৪২৭ নাম্বারে ফোন করে কাউন্সিলের বেনিফিট ফ্রড ইনভেস্টিগেশন টীমের সাথে যোগাযোগ করতে অনুরোধ করা হয়েছে।



স্বেচ্ছাসেবী সংগঠনগুলোকে দেয়া হলো এক্সেলেন্স এওয়ার্ড

থার্ড সেক্টর অর্গেনাইজেশন হিসেবে পরিচিত বেসরকারী স্বেচ্ছাসেবী সংগঠনগুলো টাওয়ার হ্যামলেটস্ বারায় যে অবদান রেখে চলেছে, তার স্বীকৃতি দিতে মঙ্গলবার ১৮ ফেব্রুয়ারী প্রতি বছরের মতো আয়োজন করা হয় থার্ড সেক্টর এক্সেলেন্স এওয়ার্ড বিতরণী অনুষ্ঠানের। বিস্তারিত পড়ুন নীচে -

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অসমান্য অবদানের স্বীকৃতি স্বরূপ সেরা স্বেচ্ছাসেবী সংগঠনগুলোকে দেয়া হলো এক্সেলেন্স এওয়ার্ড

Honouring the borough's third sector champions – pages 18 & 19

থার্ড সেক্টর অর্গেনাইজেশন হিসেবে পরিচিত বেসরকারী স্বেচ্ছাসেবী সংগঠনগুলো টাওয়ার হ্যামলেটস্ বারায় যে অবদান রেখে চলেছে, তার স্বীকৃতি দিতে মঙ্গলবার ১৮ ফেব্রুয়ারী প্রতি বছরের মতো আয়োজন করা হয় বিশেষ এক এওয়ার্ড বিতরণী অনুষ্ঠানের।

পূর্ব লন্ডনের কমাশিয়াল রোডের ট্রিক্সি হলে অত্যন্ত ঝাঁক জমকপূর্ণ এই অনুষ্ঠানে নির্বাহী মেয়র লুৎফুর রহমান, এওয়ার্ড বিজয়ী সহ সকল সংগঠনকে অভিনন্দন ও তাদের মূল্যবান অবদানের জন্য কৃতজ্ঞতা জানিয়ে বলেন, থার্ড সেক্টর অর্গেনাইজেশনগুলো স্থানীয় জন সাধারণের জীবন মান উন্নয়নে নিরন্তর প্রচেষ্টা চালিয়ে যাচ্ছে। তাদের এই প্রচেষ্টায় সহযোগিতা করতে আমরা ৪০০টি সংগঠনকে প্রায় ৮ মিলিয়ন পাউন্ড অনুদান দিয়েছি।

তিনি বলেন, চলমান অর্থনৈতিক সংকটের প্রেক্ষিতে যেখানে দেশের অন্যান্য বারা এ ধরনের খাতে অর্থ বরাদ্দ প্রায় বন্ধ করে দিয়েছে, সেখানে আমরা আমাদের থার্ড সেক্টর সংগঠনগুলোকে সহযোগিতা দিয়ে যাচ্ছি এই কারণে যে, তারা বারার উন্নয়নে অসামান্য অবদান রেখে চলেছে। তিনি বলেন, আমরা সুবিধাবিধিত কমিউনিটি সহ সব কমিউনিটিকে সমানভাবে সহযোগিতা করে যাচ্ছি।

যে সকল অমুনাফাভোগি সংগঠন বারা এবং বারাবাসির কল্যাণে বিশেষ অবদান রেখে চলেছেন, তাদের কাজের স্বীকৃতি দিতে কাউন্সিল প্রতি বছর থার্ড সেক্টর এক্সেলেন্স এওয়ার্ড প্রদান করে থাকে। থার্ড সেক্টর অর্গেনাইজেশনগুলো আবাসন, শিল্প-সংস্কৃতি, স্বাস্থ্য, সোশ্যাল কেয়ার, কমিউনিটির শান্তিপূর্ণ সহাবস্থান ইত্যাদি নানা ক্ষেত্রে কাজ করে যাচ্ছে।

নির্বাহী মেয়র লুৎফুর রহমান তাঁর বক্তব্যে আরো বলেন, আজকের এই অনুষ্ঠানে হয়তো কয়েকটি সংগঠন এওয়ার্ড লাভ করেছে। কিন্তু আমি থার্ড সেক্টরের সকল সংগঠনকে ধন্যবাদ জানাতে চাই, যারা টাওয়ার হ্যামলেটসে বসবাসকারী সকলের জীবন মান উন্নয়নে আমাদের লক্ষ্য ও উদ্দেশ্য বাস্তবায়নে কঠোর পরিশ্রম করে যাচ্ছে।



The Arbour won the Third Sector Excellence Award for Supporting Vulnerable People

কেবিনেট মেম্বর ফর রিসোর্সেস্, কাউন্সিলর আলিবার চৌধুরী বলেন, স্বেচ্ছাসেবী সংগঠনগুলো আমাদের কমিউনিটির জন্য যেভাবে গুরুত্বপূর্ণ কাজ করে যাচ্ছে, তারই স্বীকৃতি হচ্ছে আজকের এই এওয়ার্ড বিতরণী অনুষ্ঠান। তিনি এওয়ার্ড লাভকারী সংগঠনগুলোকে অভিনন্দন জানান।

অনুষ্ঠানে এওয়ার্ড বিতরণের পাশাপাশি ইউরোপীয়ান সোশ্যাল ফান্ড (ইএসএফ) কমিউনিটি গ্র্যান্ট প্রোগ্রামের দ্বিতীয় রাউন্ড ২বি এবং রাউন্ড ৩ অফিসিয়ালী লঞ্চ করা হয়।

এবারের থার্ড সেক্টর এক্সেলেন্স এওয়ার্ড বিজয়ীরা হচ্ছেঃ ডেলিভারিং হাউজিং এন্ড হোম লেসনেস সার্ভিসেস ক্যাটগরীতে বিজয়ী হয়েছে টাওয়ার হ্যামলেটস্ সোমালি ওর্গেনাইজেশনস্

নেটওয়ার্ক, রানার আপ হয়েছে ওসেন সোমালি কমিউনিটি এসোসিয়েশন; ডেলিভারিং আর্টস্ এ্যাক্টিভিটিজঃ বিজয়ী - উদিচি শিল্পী গোষ্ঠি, রানার আপ - ম্যাজিক মিঃ স্পোর্টস্ এন্ড রিক্রিয়েশন এ্যক্টিভিটিজঃ বিজয়ী - বাংলাদেশ ফুটবল এসোসিয়েশন (ইউকে), রানার আপ - ডকল্যান্ডস সেলিং এন্ড ওয়াটার স্পোর্টস্ সেন্টার; ইম্প্রুভিং এনভায়রনমেন্টঃ বিজয়ী দ্যা মুসলিম উইম্যান কালেক্টিভ, রানার আপ - আল ইশরাহ্; এমপ্রুয়মেন্ট এন্ড স্কিলসঃ বিজয়ী - দ্যা রুটেড ফোরাম, রানার আপ - সোসাইটি লিঙ্কস্; সার্ভিসেস্ ফর ইয়াং পিপলঃ বিজয়ী - আল ইশরাহ্, রানার আপ - ওলগা এডুকেশন এন্ড ট্রেনিং প্রজেক্ট; সোশ্যাল ওয়েলফেয়ার এডভাইস সার্ভিসেসঃ বিজয়ী - টাওয়ার হ্যামলেটস্ সিটিজেন এডভাইস

ব্যুরো, রানার আপ - লাইমহাউজ প্রজেক্ট; আলিং ইয়ার্স সার্ভিসেসঃ বিজয়ী - আর্লি ইয়ারস্ নেটওয়ার্ক টাওয়ার হ্যামলেটস্, রানার আপ - জাগোনারি সেন্টার; সাপোর্টিং ভালনোরবল পিপলঃ বিজয়ী - দ্যা আরবার, রানার আপ - আলজেইমারস্ সোসাইটি টাওয়ার হ্যামলেটস্; ইম্প্রুভিং হেলথ এন্ড ওয়েলবিয়িংঃ বিজয়ী - সেন্ট হিলদাস্ ইস্ট কমিউনিটি সেন্টার, রানার আপ - এইজ ইউকে ইস্ট লন্ডন; ইম্প্রুভিং কমিউনিটি কোজেন এন্ড লিভারশীপঃ বিজয়ী - আল ইশরাহ্, রানার আপ - মোনাকা মনোওয়ার ওয়েলফেয়ার ফাউন্ডেশন এবং ইম্প্রুভিং সোশ্যাল ইনক্লুজন এন্ড ডাইভারসিটিঃ বিজয়ী - পজিটিভ ইস্ট ও রানার আপ - মোনাকা মনোওয়ার ওয়েলফেয়ার ফাউন্ডেশন।

ঐকতান

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১৫ জন ইয়ুথ ভলান্টিয়ার

নিয়োগের উদ্যোগ

বারার একটি ইয়ুথ সেন্টারের জন্য ১৬ থেকে ২৪ বছর বয়সী ১৫ জনকে ভলান্টিয়ার হিসেবে ৬ মাসের জন্য নিয়োগ করার উদ্যোগ নিয়েছে কাউন্সিল।

সফল তরুণরা সোশ্যাল এ্যাকশন প্ল্যান বাস্তবায়ন করার এবং ইয়ুথ ওয়ার্কের ওপর লেভেল ২ কোয়ালিফিকেশন অর্জনের সুযোগ পাবেন।

যারা চূড়ান্তভাবে নিয়োগ পাবেন, তাদেরকে আগামী সেপ্টেম্বর মাসের মধ্যে মনোনীত ইয়ুথ সেন্টারে প্রশিক্ষণের অংশ হিসেবে পুরো এক দিন এবং তিনটি সাদ্যকালীন সেশন এ অংশ নিতে হবে।

নির্বাহী মেয়র, লুৎফুর রহমান বলেন, আমাদের তরুণ প্রজন্ম হচ্ছে কমিউনিটির প্রাণ। তাই, কিশোর তরুণরা যাতে তাদের মধ্যকার সম্ভাবনার যথাযথ বিকাশ ঘটাতে সক্ষম হয়, তা নিশ্চিত করতে এ ধরনের উদ্যোগের প্রতি প্রয়োজনীয় সমর্থন দিতে আমি বদ্ধপরিকর।

এই স্কীম বারার ইয়াংদের তাদের কর্মসংস্থান লাভের দক্ষতাকে আরো উন্নত করবে এবং তারা নিজেদের সিভি, প্রোজেক্টেশন ও ইন্টারভিউ স্কিল বাড়াতে সহায়ক নানা টিপস পাবে।

কেবিনেট মেম্বর ফর চিলড্রেন, স্কুলস এন্ড ফ্যামিলিজ, কাউন্সিলর ওলিউর রহমান বলেন, বারার কিশোর তরুণদের জন্য আমরা অনেক ধরনের কার্যক্রম, কোর্স ও অনুষ্ঠানের আয়োজন করে আসছি। এ ধরনের কর্মসূচি তাদেরকে তাদের পছন্দের প্রজেক্ট বাস্তবায়নে আত্মবিশ্বাসী করে তোলে।

বারার ১৬ থেকে ২৪ বছর বয়সীরা আগামী

২৪ ফেব্রুয়ারীর মধ্যে তাদের সিভি এবং কেন এই ভলান্টিয়ারিং কার্যক্রমে অংশ নিতে আগ্রহী, তা লিখে ইমেইল করার মাধ্যমে তাদের অগ্রাহ রেজিস্টার করতে পারবেন। ইমেইল পাঠানোর এড্রেস হচ্ছেঃ hasan.faruq@towerhamlets.gov.uk

আরো তথ্য জানতে হলে ০২০ ৭৩৬৪ ০৮৯২ নাম্বারে ফোন করুন।

স্বাস্থ্য সচেতনতা দিবস

১ মার্চ শনিবার

স্বাস্থ্য সম্পর্কে জন সচেতনতা বাড়াতে আগামী ১ মার্চ অনুষ্ঠিত হবে হেলথ এওয়ারেনেস ও ওয়েলবিয়িং ডে। ঐদিন স্বাস্থ্য পরীক্ষা, তথ্য ও পরামর্শ প্রদান করা হবে।

পপলার ইয়ুথ এন্ড কমিউনিটি ডেভেলপমেন্ট এসোসিয়েশনের উদ্যোগে আয়োজিত এক অনুষ্ঠানে ডায়াবেটিস ও ক্যান্সার সম্পর্কে মূল্যবান তথ্যাদি তুলে ধরার পাশাপাশি যারা ওজন কমাতে চান ও ধূমপান পরিত্যাগে আগ্রহী তাদেরকে পরামর্শ দেয়া হবে।

পপলার হাই স্ট্রিটের পপলার ওয়ার্কহাউজে ১ মার্চ অনুষ্ঠিতব্য এই ইভেন্টে চিকিৎসক এবং অভিজ্ঞ স্বাস্থ্য কর্মীরা উপস্থিত থাকবেন।

বিস্তারিত জানতে হলে ০৭৯৪৬ ৮২৩৩২২ নাম্বারে ফোন করে দুলাল উদ্দিনের সাথে কথা বলতে অনুরোধ করা হয়েছে।

■ The above stories are: volunteering opportunities for young people – page 14; health awareness day in Poplar – page 5.



(l-r) Sara, Saffron, Affan and Nawaz-ul at a music workshop

হাফ টার্মে স্কুল শিক্ষার্থীদের জন্য নানা কর্মসূচি

Mayor's activities for young people – page 2

গত সপ্তাহে হাফ টার্মের স্কুল বন্ধকালীন সময়ে টাওয়ার হ্যামলেটস্ বারার স্কুল শিক্ষার্থীরা বিভিন্ন ধরনের কর্মসূচিতে অংশ নেয়। “মেয়রস্ এ্যক্টিভিটিজ ফর ইয়াং পিপল” অর্থাৎ “মেয়রস্ এ্যক্টিভিটিজ ফর ইয়াং পিপল” অর্থাৎ বারার কম বয়সীদের জন্য গৃহিত কর্মসূচির অংশ হিসেবে টাওয়ার হ্যামলেটস্ কাউন্সিল শতাধিক ইয়ুথ ভেকসিনেশনের জন্য গর্ববতী মহিলারা তাদের মিডওয়াইফ অথবা জিপি সাথে কথা বলতে পারেন। টাওয়ার হ্যামলেটসের অধিকাংশ ফার্মেসীতেই ফ্লু ভেকসিনেশন দেয়া যায়।

বানানোর সুযোগ পায়। কিভাবে মিউজিক এ্যালবাম বানানো হয়, তা জানতে আগ্রহী এক দল কিশোর-তরুণের জন্য বো বিজনেস সেন্টারে অবস্থিত ম্যাক্স মিউজিক স্টুডিও তাদের দরোজা খোলে দিয়েছিলো।

স্কুল বন্ধকালীন প্রতিটি ছুটির সময়ে শিক্ষার্থীদের জন্য নানা কর্মসূচির আয়োজন করা হয়। এবারও তারা রান্না বাত্মার কর্মশালা, স্পোর্টস ট্রেনিং, গ্রাস পেন্টিং ওয়ার্কশপে অংশ নেয়ার পাশাপাশি মাডশ্যুট পার্ক ও ফার্ম পরিদর্শন করে। শিক্ষা বিষয়ক কেবিনেট মেম্বর, কাউন্সিলর ওলিউর রহমান বলেন, স্কুল বন্ধের সময় নতুন নতুন দক্ষতা অথবা অভিজ্ঞতায় সমৃদ্ধ হয়ে আমাদের শিশু-কিশোররা আবারও তাদের শিক্ষা কার্যক্রম শুরু করেছে।

লন্ডনের মধ্যে সর্বোচ্চ পর্যায়ে টিকাদানে নয়া রেকর্ড

Immunisation rates are the best yet – issue 997

শীতকালীন টিকাদান কর্মসূচির আওতায় টাওয়ার হ্যামলেটসের বিপুল সংখ্যক লোক এবার মৌসুমি ফ্লু ও কাশির টিকা নিয়েছেন।

টাওয়ার হ্যামলেটস্ কাউন্সিলের সাথে স্থানীয় হেলথ সার্ভিসগুলোর অংশিদারিত্বমূলক প্রচেষ্টায় এ যাবতকালের সবচেয়ে বেশি লোককে টিকা কার্যক্রমের আওতায় আনা সম্ভব হয়। এজন্য মেয়র লুৎফুর রহমান সংশ্লিষ্ট সকলকে ধন্যবাদ জানিয়েছেন।

লন্ডনের মধ্যে সর্বোচ্চ পর্যায়ে, প্রায় ৭৬ শতাংশ ৬৫ বছরের উর্ধ্বের জনগোষ্ঠি ভেকসিনেশন

নিয়েছেন। লন্ডনের গড় হার হচ্ছে ৬৯ শতাংশ। ৬৫ বছরের কম বয়সী, যারা অধিকতর ঝুঁকির মধ্যে রয়েছে, তাদের ক্ষেত্রে এই হার ৬১ পারসেন্ট, যা টাওয়ার হ্যামলেটসকে লন্ডনের কাউন্সিলগুলোর মধ্যে দ্বিতীয় স্থানে নিয়ে গেছে। গর্ববতী মহিলাদের টিকা গ্রহণের হার লন্ডনে যেখানে ৩৫ শতাংশ, সেখানে টাওয়ার হ্যামলেটসে এই হার ৪৮ শতাংশ।

লীড মেম্বর ফর হেলথ এন্ড ওয়েলবিয়িং, কাউন্সিলর আব্দুল আসাদ বলেন, এখনও শীত মওসুম চলছে। তাই যারা এখনও টিকা নেননি,

অথচ তাদের ফ্লু ভাইরাসে আক্রান্ত হওয়ার ঝুঁকি রয়েছে, তারা তাদের জিপি সাথে অবিলম্বে কথা বলে টিকা নিতে পারেন। গর্ববতী মহিলাদেরকে তাদের গর্ভস্ব সন্তানকে ছাপিং কাশি থেকে রক্ষা করতে পেরটুসিস ভেকসিনেশন (কাশির টিকা) দেয়া হচ্ছে। উল্লেখ্য, ছাপিং কাশি মারাত্মক একটি সংক্রমন ব্যাধি, যা অনেকদিন পর্যন্ত ভোগায়, শ্বাস নিতে অনেক কষ্ট হয় এবং বিশেষ করে সদ্য জন্ম নেয়া শিশুরা প্রথম কয়েক সপ্তাহ ছাপিং কাশি জীবন সংহারকও হতে পারে।

টাওয়ার হ্যামলেটসের ডিরেক্টর অব পাবলিক হেলথ, ডঃ সোমেন ব্যানার্জি বলেন, গর্ভ ধার-নের ২৮ থেকে ৩২ সপ্তাহের মধ্যে এই ইনজেকশন গ্রহণ করলে ছাপিং কাশির সংক্রমন হওয়া থেকে গর্ভস্ব সন্তানকে রক্ষা করা যাবে। মার্চ মাসের শেষ দিন পর্যন্ত এই সিজনাল ফ্লু ভেকসিনেশন দেয়া যাবে। পেরটুসিস ভেকসিনেশনের জন্য গর্ববতী মহিলারা তাদের মিডওয়াইফ অথবা জিপি সাথে কথা বলতে পারেন। টাওয়ার হ্যামলেটসের অধিকাংশ ফার্মেসীতেই ফ্লু ভেকসিনেশন দেয়া যায়।

The valuable contributions made by voluntary organisations in the borough were celebrated

Dedication to the community

LARGELY run by volunteers, and often unheralded, third sector organisations provide a huge range of services in areas such as housing, arts, social care, health, community cohesion and more.

This can include anything from offering advice, support and training to organising football matches for kids to keep them off the streets and supporting disabled residents in their lives.

The Third Sector Excellence Awards, organised by the council and held at The Troxy in Limehouse, recognised the outstanding services provided by local not-for-profit groups. Organisations were invited to submit nominations in 12 distinct categories which cover the council's five Community Plan themes.

Arts organisation Udichi Shilpi Gosthi won the award for Excellence in Delivering Arts Activities, which it does in the form of festivals, exhibitions, arts workshops and conferences.

The runner-up in this category was arts-based charity Magic Me, which brings together different age groups in projects. Their intergenerational groups meet on a weekly basis in schools, museums, older people's clubs, care homes, and community and cultural settings.

Other organisations were recognised for the way they support the community by delivering important services. Al Isharah picked up awards for Delivering Services for Young People as well as Improving Community Cohesion and Leadership. The charity provides vital services to deaf young people who have varied language needs, allowing them to get access to information from which they may be excluded.



The Arbour picked up the award for Supporting Vulnerable People for its work empowering and enabling people of all ages to take control of their lives, meet others and become active. They help residents gain both social and vocational skills while having fun and make their ideas a reality.

St Hilda's East Community Centre and Age UK East London were the winner and runner-up in the Improving Health and Wellbeing award. St Hilda's is a vibrant, multi-purpose community centre which provides a wide programme of activities to support all residents, while Age UK is targeted to the needs of older people.

Paul Fleming of HIV charity Positive East, who collected its award for Improving Social Inclusion and Diversity, said: "We're delighted to win. Our staff and volunteers work really hard to make sure that people living with HIV don't feel isolated by helping them build up the life skills they need to overcome the stigma surrounding the virus. To win an award recognising this hard work is brilliant."

Mayor Lutfur Rahman thanked all those who attended the ceremony for their endless work in the borough.

"I would like to extend my congratulations to all the winners who, through hard work and dedication, provide services which are essential to our residents. They have shown real commitment to their various causes and demonstrate how the

community can work together to the benefit of each other," he said.

"Although there can only be a few winners on the night, I would also like to thank all of the organisations in our third sector who work so hard to deliver our shared vision of improving the quality of life of everyone who lives and works in Tower Hamlets."

Cllr Alibor Choudhury, cabinet member for resources, added: "These awards are a great way for us to recognise the important work third sector organisations undertake for our community."

Suzanne Firth and Khadiru Mahdi, chair and chief executive of Tower Hamlets Council for Voluntary Sector (THCVS), gave a joint address.

They congratulated the nominees and award winners who they recognised as a representative sample of the wide range of quality services that the third sector is delivering for local communities.

The selection of organisations providing services for the community were all very strong and winners were selected by an independent panel made up of officers from the council and the umbrella group, London Councils.

■ In addition to the award presentations, grants were confirmed for round 2b of the European Social Fund (ESF) Community Grants programme, and round 3 was officially launched at the event.

The ESF Grants are equally funded by London Councils and Tower Hamlets Council, and provide support for projects which tackle disadvantages in the employment market for vulnerable people.

This includes the long-term unemployed, people with disabilities, ethnic minorities and migrants. Organisations can apply for grants of up to £12,500.



(Above left) Suzanne Firth and Khadiru Mahdi of Tower Hamlets Council for Voluntary Sector



All the winners – through their hard work and dedication – provide services which are essential to our residents.”
Mayor Rahman

Delivering Housing and Homelessness Services

Winner: Tower Hamlets Somali Organisations Network (right, with Cllr Ohid Ahmed)

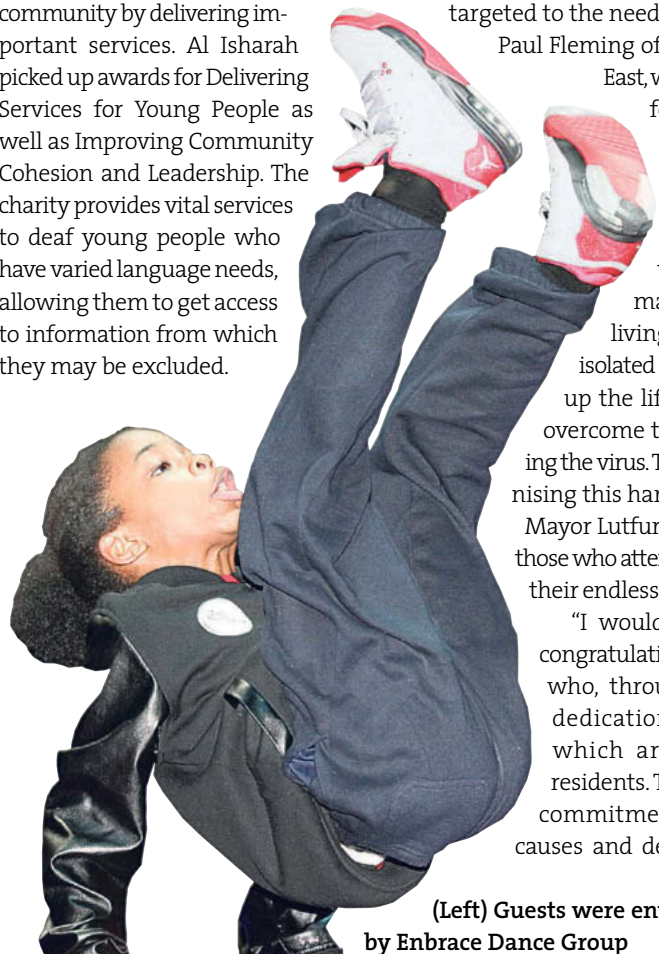
Runner-up: Ocean Somali Community Association



Improving the Environment

Winner: The Muslim Women's Collective (right, with Cllr Shahed Ali)

Runner-up: Al Isharah



(Left) Guests were entertained by Enbrace Dance Group

d at an awards ceremony last week, as **Mehreen Hussain** reports. Photos by **Rehan Jamil**.



Delivering Arts Activities

Winner: Udichi Shilpi Gosthi (left, with Cllr Rania Khan)
Runner-up: Magic Me



Delivering Sport and Recreation Activities

Winner: Bangladesh Football Association (UK) (left, with Cllr Rania Khan)
Runner-up: Docklands Sailing & Water Sports Centre



Increasing Employment and Skills

Winner: The Rooted Forum (right, with Cllr Shafiqul Haque)
Runner-up: Society Links



Improving Social Inclusion and Diversity

Winner: Positive East (left)
Runner-up: Monakka Monowar Welfare Foundation

Delivering Quality Social Welfare Advice Services

Winner: Tower Hamlets Citizens Advice Bureau (right)
Runner-up: Limehouse Project



Delivering Early Years Services

Winner: Early Years Network Tower Hamlets (left)
Runner-up: Jagonari Centre

Supporting Vulnerable People

Winner: The Arbour (right)
Runner-up: Alzheimer's Society Tower Hamlets



Improving Health and Wellbeing

Winner: St Hilda's East Community Centre (left, with Cllr Abdul Asad)
Runner-up: Age UK East London



Improving Community Cohesion and Leadership

Winner: Al Isharah (above, with Cllr Shahed Ali)
Runner-up: Monakka Monowar Welfare Foundation

Delivering Services for Young People

Winner: Al Isharah (above, with Cllr Shahed Ali)
Runner-up: Olga Education and Training Project

Brought to life

Learn about the eventful lives of the Bronte sisters – Emily, Charlotte and Anne – and their brother, Branwell.

WWW.SPACE.ORG.UK



Worldwide recognition

Camille Henrot lives and works in New York. Recent solo exhibitions include shows at the New Orleans Museum of Art and the Slought Foundation, Philadelphia, both held last year.

DETAILS BELOW

Out & about guide

What's on where this week

Kids

Children's dance classes

Tap, ballet and modern jazz. Thurs, 4-6pm, term-time only. £1.50. Dockland Settlements, 197 East Ferry Road, E14. 7093 3146

Dance play

Dance and movement for parents/carers and children aged 1-5. Tues, 1.45-2.45pm, £1.50 (concessions available). Language of Dance Centre, Oxford House, Derbyshire Street, E2. 7749 1131

Ballet

Classes every Thurs – ages 3-5 yrs, 3.50-4.25pm, £4; ages 6-11 yrs, 4.25-5.10pm, £4. Alpha Grove Centre, Isle of Dogs, E14. 7538 1714

Deaf after school club

For ages 5-12. Mon-Fri, 4-6pm. Tower Project, 45-55 White Horse Road, E1. naima@towerproject.org.uk 7790 9085

Kids' Creative Dance Classes

For ages 2-11 on Sat mornings. £44-49.50 per term or £4.50/£5 per term, plus concessions. Chisenhale Dance Space, 64-84 Chisenhale Road, E3 8981 6617

Pollyanna Training Theatre

Drama and musical theatre for ages 4-16 in Wapping, E1. 7481 1911

Rhyme time

Thurs, 2-3 pm. Watney Market Library, 30-32 Watney Market, E1. 7790 4039

Young & talented?

Performing arts group for 6- to 16-year olds. Sats, 10.30am-1.30pm, term-time. Oxford House, Derbyshire Street, E2. 8556 5348

Parent & child

Island Tots

For childminders, parents and kids ages 0-4. Mon-Fri, 1-3pm, term-time. 55 Club, Samuda Estate, Stewart Street, E14. 7538 3292

Toyhouse library

Mons, 1.30-3.30pm, Halley Primary School, Halley Street, E14. Tues, 2-3.30pm, Cayley School, Aston Street, E14. Weds, 9.20-10.45am, Harry Roberts Nursery, Harford Street, E1. 1-2pm, TH Opportunity Playgroup, 583 Commercial Road, E1. 9-11am, Old Church Nursery, Walter Terrace, E1. 9-11am, Alice Model Nursery School, 14 Beaumont Grove, E1.

Yoga for pregnancy and mums and babies

Pregnancy class suitable from 14 weeks. Mums and babies classes suitable from six weeks until baby is crawling. 07958 645978 www.clareday-yoga.co.uk

Social

3 Bees Café

Healthy vegetarian and fish dish, served for just £3, takeaways available. Tuesdays, 4-8pm. Kingsley Hall Community Centre, Powis Road, E3. 07501 468 193

Birchfield OAPs club

Mon-Fri, 7-9.30pm; Weds, 1-4pm. 50 Saltwell Street, E14.

Golden Ladies

Pensioners group for bingo and social. Weds, 2-4pm. Dockland Settlements, 197 East Ferry Road, E14. 7987 6824

Tower Hamlets U3A

Tower Hamlets University of the Third Age offer a range of courses for over-50s from tai chi to art appreciation. Various days and times. St Margaret's House Settlement, 21 Old Ford Road, E2. 7247 4283



Overlapping figures, in bronze, plaster and brick

Photo Alexandra Serrano

Camille Henrot: The Pale Fox
Videos, sculpture and drawings by New York-based, French artist, looking at the relationship between the history of the universe and the world of the artist's studio. Free. Fri, Feb 28-Sun, Apr 13. Weds-Sun 1-6pm.

Tour of the exhibition by writer and curator Shanay Jhaveri, Sat, Mar 22. 2pm. Free but booking advised – mail@chisenhale.org.uk
Chisenhale Gallery, 64 Chisenhale Road, E3. 8981 4518
www.chisenhale.org.uk

Comedy

Bow Bells Comedy

Ding dong laughs from headliner Garrett Millerick with support from The Dead Pony Society, Marc Burrows, Stephen Bailey, Bisha Aka and MC Elf Lyons. Thurs, Feb 27. 8pm. £3. The Bow Bells, 116 Bow Road, E3. 8981 7317

Scrumptious Comedy & Curry

Enjoy sniggers and spice from Thea Downturn, Francis Foster, Aideen McQueen and Mike Sheer, hosted by Tony Marresse. £5 for the show, £10 for the show and curry. Weds, Feb 26. 7.30pm. The Gallery Café, 21 Old Ford Road, E2. 8983 3624

Events

Future Cinema: Who Framed Roger Rabbit? 2014

The deco interior of the venue is dressed as the Ink and Paint Club, where Jessica Rabbit makes the punters swoon each night with her sensual jazz vocals. Join the criminal

demi-monde of Toontown for a sleazy evening of jazz and cocktails. £43.50/£31.50 concs. Until Sun, Mar 9. Dates and times vary. Troxy, 490 Commercial Road, E1. www.troxy.co.uk

Shuffle Festival

A week-long festival featuring an exhibition, film, walks and talks with the former St Clement's Hospital at its heart. Includes the Mile End Shorts film festival on Tues, Feb 25, 6.30-9.30pm. Until Fri, Feb 28. Venues vary. www.shufflefestival.com

Exhibitions

Moshe – A Survivor's Journey

Features paintings by Holocaust survivor and Hungarian artist Moshe Galili. Until Feb 28. Brady Arts Centre, Hanbury Street, E1.

United We/I Stand etc

First solo exhibition by Danish sound artist and musician Lotte Rose Kjær Skau using video, installation and sound.

Until Mar 2. Open Thurs-Sun, 12-6pm. IMT Gallery, 2/210 Cambridge Heath Road, E2. 8980 5475
www.imagemusictext.com

War Games

Exhibition for adults and children exploring the role of warfare in children's play from 1800 to the present day. Daily until Mar 9. Free. V&A Museum of Childhood, Cambridge Heath Road, E2. 8983 5200
www.museumofchildhood.org.uk/

Theatre

Bronte

Polly Teale's debut production for newly founded Beyond the Wall theatre company tells the story of the Bronte family, showing the real life events which helped to inspire some of the most famous stories and characters in English literature. Mar 2. 7pm. £10/£7. The Space, 269 Westferry Road, E14. https://space.org.uk/ 7515 7799

FUNDING OPPORTUNITIES FOR SUMMER ACTIVITIES 2014

The Trustees of Action for Bow invite applications for grants to support summer projects in Bow East and Bow West wards.

Priority consideration will be given to diversionary out-of-school activities for young people, but projects will be welcomed that also offer some training and employment opportunities, or healthy living initiatives.

Grants for these summer activities, usually not exceeding £3,000, to be available from July 2014, may be discussed with Ahmed Hussain below.

Closing Date for Applications: 5.00pm on Friday 4th April 2014.

Applications and Enquiries

Please write to Ahmed Hussain at Bromley by Bow Centre Learning Team, St Leonards Street, London E3 3BT

Call him direct on **020 8719 9729**, or email him at **ahmed.hussain@bbbc.org.uk**





A two-day event for all ages

The Barbican Weekender is one of a series of events presented by the arts centre throughout the spring and summer that focuses on artists using digital media.

WWW.BARBICAN.ORG.UK

A hit with audiences

Oh! What a Lovely War premiered at the Theatre Royal Stratford East on March 19, 1963 to rave audience reaction.

Out & About

We Create themed event will offer something for everyone

BY RUSSELL COTMAN

THE Barbican Weekender returns with a packed programme that explores image and identity through arts and technology.

The two-day event, themed We Create, offers workshops and games for audiences of all ages featuring everything from music and art to dance and film.

A host of digital tools and activities include 3D printing, computer coding and animation workshops, and image printing.

Visitors can join together to experience the first multi-user art and film app by Fevered Sleep, project their energy in award-winning dance-based installation Danceroom Spectroscopy, or watch a short film selected by the Barbican Young Programmers.

There will be a chance to play composer with Musicjelly's visual library of sounds or discover Pod, a giant blue sphere



Danceroom Spectroscopy

Photo by Paul Blakemore

that allows the audience to hear, see and touch sounds emanating from it.

Other highlights include I'll be Your Mirror by choreographer Darren Johnston, in which a hologram mirrors and emulates movement through digital technology, and Trans-

former, a 20-person game in the Barbican's Pit Theatre designed by Usman Haque in which players collect light tokens hidden in the dark and share energy to win.

In the Curve, there will be a chance to see Momentum, a new exhibit by United Visual

Artists. Visitors entering the space are invited to express thoughts and feelings on their experience via a live blog and record written fragments in an audio booth.

The Barbican Young Poets will then transform these words into poetry and spoken word in

performances taking place on the Barbican foyers over the weekend.

On Saturday, as part of We Create, Barbican presents Tim and Barry: Just Jam, an evening curated by online music channel Just Jam celebrating the UK's electronic music scene with live performance, video and audience participation.

Finally, on Sunday afternoon, there will be a free family concert in Milton Court Concert Hall by the New York Chamber Collective Decoda alongside musicians from the Guildhall School of Music & Drama, combining classical music with digital technology.

Audiences are invited to live tweet throughout the concert.

The Barbican Weekender is on Saturday and Sunday, March 1 & 2 from 11am-6pm. All events are free (except Just Jam in the Hall).

The Barbican is in Silk Street, EC2. Call 7638 8891 or visit www.barbican.org.uk

News in brief

A joint production

INSPIRED by Anton Chekhov's short stories, The Trunk paints a blackly comic portrait of our everyday introspections.

The play tells of five characters forced out of their routine by the peculiar, unexplained actions of an eccentric sixth person.

As their stories intertwine, love, duty, hope and regret collide and pose a very simple question – why do we need other people quite so much?

The Trunk reunites writer Mike Carter with Crow Theatre, responsible for the five star immersive Jack The Ripper's London, and Tim Sullivan of Saviour Theatre, lauded in 2013 for Thornton Wilder's Our Town.

The joint production has been developed specifically for The Space following a ScriptSpace reading and an appearance at the 15 Festival.

The Space is at 269 Westferry Road, E14 and The Trunk is on from Monday to Saturday, February 25 to March 1. Tickets cost £14 /£10 concessions.

Call 7515 7799 or visit www.space.org.uk

For theatre lovers...

THEATRE lovers can enjoy a double bill of new plays for just £10, at the Yard Theatre.

First up is The Balloon in which a wife awaits the return of her pilot husband, stranded by a plane crash in the Arctic.

Drawings morph into video projection as the two lovers negotiate the appearance and disappearance of their memories, trying desperately to reach each other.

After that comes Guinea Pigs on Trial, a satirical look at pharmaceutical lab trials.

With such enticing sounding offers as flu camp being marketed to students and jobseekers as a way of making money, it asks whether 'guinea pigging' is a good cure for an empty bank account?

The shows run from Tuesday to Saturday, February 25-March 1 at The Yard, Unit 2a, Queens Yard, Hackney Wick, E9.

The Balloon is on from 7.30pm and Guinea Pigs on Trial starts at 9pm.

Relive your nightmares with back-to-back horror movies

RELIVE your childhood nightmares at a triple-bill movie night this weekend.

Haunted Childhood promises back-to-back horror films, all of which feature children at their centre, as well as music and ghostly happenings, at the church of St John on Bethnal Green.

Part of the nationwide BFI blockbuster project GOTHIC: The Dark Heart of Film, top of the bill is The Others starring Nicole Kidman as the unstable mother struggling to look after her two ailing children alone in a secluded mansion, which she comes to believe is haunted.

There is also the chance to see the Guillermo del Toro produced The Orphanage, a gothic frightener about a woman who

returns with her young family to the orphanage in which she grew up, only to be confronted by its troubled past.

To top it off the UK premiere of Mexican director Guillermo Arriaga's short Broken Night, about a mother and her four-year-old daughter whose happy road trip becomes a nightmare.

The mood will be set by spooky organ music from the Hellset Orchestra's Michael Wetheburn and guest DJs, and there is a licensed bar.

The action runs from 6.30-11pm on Saturday, March 1 at the church at 200 Cambridge Heath Road, E2. Tickets are £12 in advance, £15 on the door.

Visit www.wegotickets.com/event/257623 to book.

Musical returns to its roots

CLASSIC musical Oh! What a Lovely War has returned to its Stratford roots with a new production to mark its 50th anniversary.

First performed at Theatre Royal Stratford East in 1963, it was an immediate hit, transferring to the West End in June 1963 and opening on Broadway in 1964. It went on to receive four Tony Award nominations including best musical.

Now, with an ensemble cast including Caroline Quentin and a creative team led by Terry Johnson and Lez Brotherston, the production remains true to the spirit of Joan Littlewood's original, while being given a few contemporary tweaks.

Built upon the songs sung by ordinary British soldiers World



War I, the production also coincides with the 100th anniversary of the outbreak of that conflict.

It remains a powerful satire on, and comment against, the terrible cost of wars.

Kerry Michael, the theatre's artistic director, said: "It's time for a new generation to see this im-

portant piece of work. It changed British theatre and the untold stories of war are still as relevant today as they were then."

Oh! What a Lovely War is on until March 15 at the theatre at Gerry Raffles Square, Stratford. Call the box office on 8534 0310.

For more details go to www.stratfordeast.com

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Eating out, eating in

Lunchtime offerings hit all the right spots

BY GREEDY GANNET

LUNCH hours are not what they used to be and as the work piled up, the only thing to do was order our food in.

And we had the brainwave of trying The Orange Room in Burdett Road, Mile End, keeping fingers crossed that they would deliver.

Yes, the driver would be in at one o'clock and was delivering that day – so we ordered some old favourites and new suggestions.

While a falafel wrap is more than enough for me at lunch-time, filled fully with salad and three or four tasty falafels, two of my greedier /hungrier fellow diners worried that a wrap each just might not be enough to sustain them through the afternoon.

They added a portion of the tricky-to-pronounce fatayer b'sabaneekh to share. These triangles of crispy pastry stuffed with spinach, onions and pine nuts proved very popular, however the falafel, while very



The Orange Room looks set to become a favourite for work lunches

tasty in its slightly garlicky sauce, unfortunately had become a bit cold during delivery – the only gripe we had with what was a delicious lunch.

Another colleague ordered moussakaat b'zeit, a serving of baked aubergines with chick peas, tomatoes, onions and spices. Listed on the menu as a cold starter she decided to warm up the dish, which she said brought out the distinct flavours,

adding that the crunchy taste of the chickpeas and the flavourful tomatoes and herbs were more evident than the aubergine.

The generous portion, served with a fresh piece of hot, pancake-like Lebanese bread, was enough to fill her up.

The Orange Room looks set to become a regular fixture for future work lunches, as it was a resounding success with

veggies and meat-eaters alike and there are many more dishes on the varied menu we're planning to try now we're hooked.

However, I'd recommend calling up a couple of hours in advance to check if their driver is available to deliver to avoid disappointment.

The Orange Room is at 63 Burdett Road, E3. Tel: 8980 7336.

Re-use your greens

THIS month's Love Food Hate Waste recipe has been sent in by seven-year-old Iona Mandal, a year 3 pupil at Harbinger Primary School, Isle of Dogs.

She describes it as a perfect dish for using leftover vegetables to supplement your

intake of greens and reach your target of 5 a day.

If you have a recipe you would like to suggest using leftovers or tips about reducing the amount of food we throw away, you could win £50 worth of shopping vouchers – all you need to do is email it to recycling@towerhamlets.gov.uk

Vegetable curry with poached egg

Ingredients (serves 4)

2 tbsp olive oil
2 medium sized onions peeled and chopped
2 garlic cloves peeled and crushed
1 tsp ground ginger
1 tsp paprika
1 tsp ground cumin
1 tsp ground coriander
1 tsp cayenne pepper
1 pinch cinnamon

1 medium sized carrot, peeled and chopped
1 tin of boiled sweetcorn
1 tin of fresh garden peas, French beans, bell peppers, courgette or any other leftover vegetables
2 large tomatoes, chopped
Salt and pepper to taste
Half tsp light brown sugar
4 large free range eggs
Half cup parsley, chopped

Method

1. Heat the oil in the frying pan, reduce the heat and add the chopped onions and garlic. Cook on medium heat until golden.
2. Add all the spices and mix well with oil. Let it cook for some time.
3. Add all chopped vegetables and sauté. If you have any other leftover vegetables you may add them as well.
4. Add chopped tomatoes, sugar, salt and pepper. Bring

to boil, then lower the heat and let it simmer for 5 minutes.

5. Crack the eggs into the sauce, pop the lid on and let it cook for 5-7 minutes. If you like your egg yolks gooey, cook for 5 minutes or if you like them completely cooked, cook for 7 minutes.

6. Remove from the heat and sprinkle fresh parsley for garnish and serve hot with bread for dipping. Alternatively, you can serve with rice.

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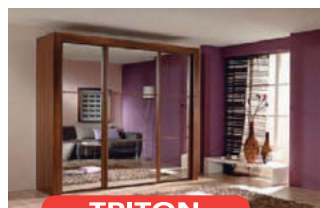
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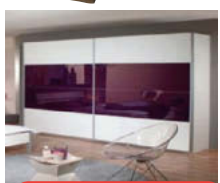


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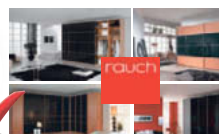
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Have your say on SAFETY in BOW WEST



Tower Hamlets residents are invited to join the Deputy Mayor Cllr Ohid Ahmed, and Police Borough Commander for a walkabout to look at community safety issues in Mile End & Globe Town ward.

The interactive walkabout will focus on how the council and police are tackling youth anti-social behaviour, drug dealing and misuse in the area, burglaries from long boats as well as further action needed.

DATE: Friday 28th February

TIME: 4pm – 5.30pm

MEETING POINT: Bow Police Station, 111 Bow Road E3

VISITING:

- Malmesbury Estate E3 • Tredegar Square E3 • Stainsbury Street
- Hitchin Square E3 • Regents Canal Tow Path/ Victoria Park



Residents do not need to register and can just show up on the day



Local Housing Allowance Rates

April 2013

Type of Accommodation Local Housing Allowance

* Shared Accommodation	£94.38 per week
1 Bedroom	£245.00 per week
2 Bedroom	£296.38 per week
3 Bedroom	£347.48 per week
4 Bedroom & above	£408.80 per week

*The shared accommodation rate will be used for single people under 35 years of age and single tenants/couples who only have exclusive use of one room and share other facilities.





Housing across the borough

East End Homes currently manages more than 2,200 tenanted homes, with 1,419 leasehold properties on estates across the borough, from the southern part of the Isle of Dogs to Spitalfields.

WWW.EASTENDHOMES.CO.UK

Did you know?

Mutual exchange is a chance for social housing tenants to swap their home regardless of landlord, area or borough.

Property

Flats' boiler to be fixed

ACTION is being taken to repair a communal boiler at a block of flats in Bethnal Green after residents complained about problems with their heating and hot water supply.

Residents of Edison Heights in Richmix Square spoke to East End Life earlier this month and reported that their heating and hot water had been working intermittently. Some people were left without running water at one stage.

Other residents in the block complained about irregular rubbish collection and lack of communication from the landlord Genesis Housing Association.

A spokeswoman for Genesis said the concerns were being taken seriously.

She said a plan had been put in place to clear filters in individual flats and put pressure on contractors to ensure they repair any issues with the communal boiler as soon as possible.

Swapping event hailed a big success

BY STAFF REPORTER

SCORES of residents braved the bad weather to attend an event aimed at encouraging tenants who want to move home to think about 'swapping' with other residents.

East End Homes hosted the Mile End on the Move mutual exchange event at its new community hall in Southern Grove on February 11. The afternoon was held in collaboration with its Common Housing partner landlords which also provide housing in the borough.

Visitors had the opportunity to view details of tenants wanting to move to larger or smaller accommodation and staff from the housing associations were available to offer advice and support.

Mutual exchange is an opportunity for social housing tenants to swap their home regardless of landlord, area or borough. Choice is unrestricted throughout the UK provided the transfer does not cause statutory overcrowding or under-occupation.

Tenants can advertise their home for an exchange in many ways but most will usually apply to a web-based exchange provider such as HomeSwapper or House Exchange. If their landlord subscribes to either then the scheme is free of charge.

Both organisations attended the Mile End event and registered new applications.

It was the third joint event held since October 2013, and aimed to maximise housing potential and encourage residents to consider mutual ex-



Visitors at the mutual exchange event

change as a realistic option to moving to a home of their choice.

Some residents introduced themselves to potential swap

partners and the partner landlords will meet to identify possible exchanges.

Residents comments left on a 'wishing tree' included: "I en-

joyed today, it helped me to find a property" and "I think this is a good idea".

The landlords are hoping to organise a fourth event in April.

Time to be thinking ahead

Tips from Cable Street Community Gardens

MARCH is traditionally the month which 'comes in like a lion'. Well, February has roared from the start!

Hopefully, the worst of the winter gales are behind us, also the torrential rain. Even though the days are getting longer and spring flowers are making a welcome and early appearance, it is best to be cautious about sowing too early and also risking impacting rain sodden soil. But, if you are itching to start growing, why not make a start indoors or on the balcony?

You can start by sowing leeks in small pots or modular trays. Plant one seed in each and cover with compost and leave in a cool spot to germinate. Water

the seedlings when they appear and give a liquid feed before transplanting into the ground by mid to late spring, or into larger pots/containers if you are growing them on a balcony. Leeks are also delicious when eaten very small.

Microgreens are a great way of getting early veg. Packed full of flavour and healthy nutrients, they are easy to grow on a window sill or sheltered balcony/patio. Essentially, they are young leafy plants. Unlike sprouting seeds which are eaten before the leaves have a chance to grow, microgreens are harvested as soon as the first leaves appear. Mustard and cress have long been favourites, but you can now get basil, celery, coriander, fennel, radish, sorrel and watercress which have all been specially prepared for micro cultivation.

The difference between them and ordinary seed is that the micro varieties need a lot more seed which are sown thickly on to compost, kept moist and warm, and then harvested within a week or so, when the seed leaves have just opened. They are quite labour intensive but the advantage is that they can be grown throughout the year.

Now is also the time when you can start to plant up window boxes with herbs. Even if you have a shady spot, you can grow hardy mints, chives, sorrel, parsley and lemon balm.

For a sunnier place, try sage, chives, parsley, mint, tarragon, lemon thyme and creeping thyme. The plants will last well for one season but will need planting out afterwards and replaced with new stock or cuttings.

Happy gardening.

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We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

توہاملٹس ہاؤسنگ لیٹلنگس آپ کے ایکٹو ایپلیکیشن کے بغیر آپ کو توہاملٹس ہاؤسنگ لیٹلنگس پر بڈنگ کرنے کی اجازت نہیں ہے۔ اگر آپ کسی گھر کو دیکھنے کے لیے اس کے پاس جاتے ہیں تو یہ آپ کے گھر کے رہائشیوں کو پریشان کر سکتا ہے۔

ہم صرف ان لوگوں سے رابطہ کر سکتے ہیں جن کو ہم گھر کی پیشکش کرتے ہیں۔ یہ پیشکش کرنا یہ داری کی پالیسی کی بنیاد پر ترجیحی لحاظ سے کی جاتی ہے۔ پالیسی کی کاپی ہم سے اس نمبر پر رابطے کے ذریعے دستیاب ہو سکتی ہے۔ 020 7364 2826 یا آپ کے ای میل سے رابطہ کر سکتے ہیں۔

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaarka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nuqul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔橋區政府現時生效的房屋名單上，你才可以競投這些房屋。請切勿到任何這些房屋造訪，因為這可能對鄰居造成滋擾。

我們只能聯絡那些我們可以提供房屋的人士。我們根據租屋政策按優先次序提供房屋。欲索取這份政策，請致電我們，號碼 020 7364 2826，或瀏覽網站。

Nếu đơn thỉnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quả, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cứ căn nhà nào vì có thể gây nên những phiền toái cho hàng xóm.

Chúng tôi chỉ có thể liên lạc với những người chúng tôi cấp nhà. Quyết định cấp nhà theo thứ tự ưu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ ان گھروں کے لئے صرف اسی صورت میں بڈی دے سکتے ہیں اگر "ٹاور ہمیلٹس ہاؤسنگ لسٹ" میں آپ کی درخواست واجب اور زبردستی ہے۔ براؤزر ان میں سے کسی گھر کو دیکھنے کے لئے جاسیے کیونکہ یہ رہائشیوں کے لئے پریشانی کا باعث ہو سکتا ہے۔

ہم صرف ان لوگوں سے رابطہ کر سکتے ہیں جن کو ہم گھر کی پیشکش کرتے ہیں۔ یہ پیشکش کرنا یہ داری کی پالیسی کی بنیاد پر ترجیحی لحاظ سے کی جاتی ہے۔ پالیسی کی کاپی ہم سے اس نمبر پر رابطے کے ذریعے دستیاب ہو سکتی ہے۔ 020 7364 2826 یا آپ کے ای میل سے رابطہ کر سکتے ہیں۔

website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet 'Support Charges in long term Supporting People Services'. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	Description
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards
C Life time Homes	Specifically designed to create an accessible and adaptable home
D Easy Access	Designed to be spacious with no steps to the property
E Step-free	General housing with no steps to the property
F General Housing	Does not meet requirements for other categories
G Not assessed	Property not yet had access survey

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on 020 7364 0204 / 0206 / 0209.



1. Internet Bidding
Just log on to www.thhs.org.uk



2. Telephone Bidding
Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer

Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to 3 bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking



OVER 60's
Accessible Category F
SWEDENBORG GARDENS, E1

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets with landlords permission

Eligibility : Band 3 • Min Client Age 60

£117.46, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29269



SHELTERED
Accessible Category D
PHOENIX COURT, MAST HOUSE TERRACE, E14

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Residents parking scheme • Pets not permitted . Rent increase due April 2014

Eligibility : Min Client Age 60

£185.02, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 29292



SHELTERED
Accessible Category E
ROCHESTER COURT, WILMOT STREET, E2

Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£158.47, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29265



SHELTERED
Accessible Category B
MANDELA HOUSE, VIRGINIA ROAD, E2

Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • One lift • Entryphone • Shower Room with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£176.83, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29267



SHELTERED
Accessible Category E
HUGH PLATT HOUSE, PATRIOT SQUARE, E2

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£191.94, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29270



SHELTERED
Accessible Category E
REGENCY COURT, NORMAN GROVE, E3

Flat • 1 Bed 1 Person • Ground Floor • Open plan kitchen • One lift • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£169.35, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29257



SHELTERED
Accessible Category E
REGENCY COURT, NORMAN GROVE, E3

Flat • 1 Bed 1 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£169.35, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29286



BEDSIT SELF-CONTAINED FLAT
Accessible Category F
PEABODY BUILDINGS BLOCK A, BRODLOVE LANE, E1W

Flat • 0 Bed 1 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's rent payable in advance

£101.89, Weekly - Social Rent
Landlord: Peabody

Property Ref: 29253



1 BEDROOM
Accessible Category G
BECKETT HOUSE, JUBILEE STREET, E1

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£121.66, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29252



1 BEDROOM
Accessible Category F
WYLLEN CLOSE, CLEVELAND WAY, E1

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • Wet room (walk in shower) • GCH • Private garden • Pets permitted

£105.60, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29278



1 BEDROOM
Accessible Category G
HOBSONS PLACE, E1

Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£124.55, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 29279



1 BEDROOM
Accessible Category F
GLENGARNOCK AVENUE, E14

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets with landlords permission

£108.61, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29251



1 BEDROOM
Accessible Category G
PHOENIX COURT, MAST HOUSE TERRACE, E14

Flat • 1 Bed 2 Person • 5th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted. Rent increase due April 2014

Preference to Housing Moves applicants

£137.84, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 29287



1 BEDROOM
Accessible Category F
ROCHE HOUSE, BECCLES STREET, E14

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • Check heating on viewing • Private garden • Pets permitted

£95.60, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29272



1 BEDROOM
Accessible Category D
BLACKWALL WAY, E14

Flat • 1 Bed 2 Person • 6th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£151.49, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29277



1 BEDROOM
Accessible Category F
SCEPTRE ROAD, E2

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets permitted

£109.51, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29290



1 BEDROOM
Accessible Category F
DOURO STREET, E3

Flat • 1 Bed 2 Person • 3rd floor • Open plan kitchen • No Lift • Entryphone • Electric radiators • No garden • Car free home • Pets not permitted

Preference to Housing Moves applicants

£112.56, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29275



1 BEDROOM
Accessible Category F
SUMNER HOUSE, WATTS GROVE, E3

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • Grab rails in WC/Bathroom .One week's advance rent required

Eligibility : Band 3

£112.13, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29274



1 BEDROOM
Accessible Category C
COLUMBIA HOUSE, HAMLETS WAY, E3

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets with landlords permission

£117.49, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29280



2 BEDROOMS
Accessible Category F
RAYNHAM HOUSE, HARPLEY SQUARE, E1

Maisonette • 2 Bed 4 Person • 7th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£114.67, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29263



2 BEDROOMS
Accessible Category F
TRAHORN CLOSE, E1

Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted

£134.27, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 29241



2 BEDROOMS
Accessible Category F
STUTTLE HOUSE, BUXTON STREET, E1

Flat • 2 Bed 4 Person • 6th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£131.31, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 29258



2 BEDROOMS
Accessible Category F
DEVITT HOUSE, WADES PLACE, E14

Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£114.23, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29281



2 BEDROOMS
Accessible Category F
PORTREE STREET, E14

Maisonette • 2 Bed 4 Person • 2nd floor • Open plan kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • Balcony • Permit parking • Pets with landlords permission. One week's advance rent required

Eligibility : Band 3

£132.88, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29256



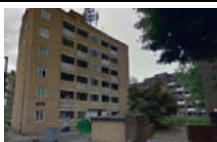
2 BEDROOMS
Accessible Category G
OBAN HOUSE, OBAN STREET, E14

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission . One week's advance rent required

£130.87, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29282

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk



2 BEDROOMS
Accessible Category G
HOPKINS HOUSE, CANTON STREET, E14
Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission . One week's advance rent required

Preference to Housing Moves applicants
£138.29, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29284



2 BEDROOMS
Accessible Category F
STAINSBY ROAD, E14
Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted . Rent increase due April 2014

£127.65, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 29293

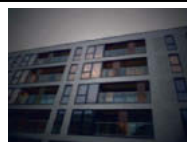


3 BEDROOMS
Accessible Category E
HANBURY STREET, E1
Maisonette • 3 Bed 4 Person • 2nd floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

Eligibility: Transfer List

£133.90, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29271



3 BEDROOMS
Accessible Category C
LADBROKE COURT, RESOLUTION PLAZA, E1
Flat • 3 Bed 5 Person • 1st floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home, Property is in congestion zone • Pets not permitted . Electric cooking only

£166.86, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29259



3 BEDROOMS
Accessible Category C
LADBROKE COURT, RESOLUTION PLAZA, E1
Flat • 3 Bed 5 Person • 2nd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home, Property is in congestion zone • Pets not permitted . Electric cooking only

£166.86, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29260



3 BEDROOMS
Accessible Category C
LADBROKE COURT, RESOLUTION PLAZA, E1
Flat • 3 Bed 5 Person • 3rd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home, Property is in congestion zone • Pets not permitted. Electric cooking only

£166.86, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29261

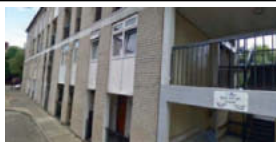


3 BEDROOMS
Accessible Category C
LADBROKE COURT, RESOLUTION PLAZA, E1
Flat • 3 Bed 5 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home, Property is in congestion zone • Pets not permitted. Electric cooking only

Eligibility : Band 3

£166.86, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29262



3 BEDROOMS
Accessible Category F
MANCHESTER ROAD, E14
Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

£142.96, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29288



3 BEDROOMS
Accessible Category E
JENKINSON HOUSE, USK STREET, E2
Maisonette • 3 Bed 6 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets permitted

Eligibility: Transfer List

£134.83, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29283



3 BEDROOMS
Accessible Category C
CATHERINE HOUSE, THOMAS FRYE DRIVE, E3
Flat • 3 Bed 5 Person • Ground Floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted

£151.70, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 29285



4 BEDROOMS
Accessible Category F
MAITLAND HOUSE, BISHOPS WAY, E2
Flat • 4 Bed 7 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£149.45, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29276



4 BEDROOMS
Accessible Category F
BOXLEY HOUSE, PEMBURY ROAD, E5
Flat • 4 Bed 7 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted .One week's advance rent required.

Property in London Borough of Hackney
£157.36, Weekly - Social Rent
Landlord: Peabody

Property Ref: 29289

REMINDER

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life.

Please note the rent level and length of tenancy offered on the following homes.
You are advised to check the Homeseekers website at www.thhs.org.uk for further information.



AFFORDABLE RENT
Accessible Category F
MARTHA STREET, E1
Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2 years.

£191.47, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 29255



AFFORDABLE RENT
Accessible Category F
BOHN ROAD, E1
Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

£195.46, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 29273



AFFORDABLE RENT
Accessible Category F
HOUBLON APARTMENTS, TYNE STREET, E1
Flat • 1 Bed 2 Person • 9th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required

Advert represents 2 properties
£201.00, Weekly - Affordable Rent
Landlord: Network Stadium

Property Ref: 29242



AFFORDABLE RENT
Accessible Category F
HOUBLON APARTMENTS, TYNE STREET, E1
Flat • 1 Bed 2 Person • 9th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required

£206.74, Weekly - Affordable Rent
Landlord: Network Stadium

Property Ref: 29264

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties.
In addition not all tenancies will be tenancies for life.

Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.



AFFORDABLE RENT
Accessible Category F
HOUBLON APARTMENTS, TYNE STREET, E1
Flat • 1 Bed 2 Person • 7th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required

£201.00, Weekly - Affordable Rent
Landlord: Network Stadium

Property Ref: 29243



AFFORDABLE RENT
Accessible Category F
HOUBLON APARTMENTS, TYNE STREET, E1
Flat • 1 Bed 2 Person • 8th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required

£201.00, Weekly - Affordable Rent
Landlord: Network Stadium

Property Ref: 29244



AFFORDABLE RENT
Accessible Category F
HOUBLON APARTMENTS, TYNE STREET, E1
Flat • 1 Bed 2 Person • 7th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required

Advert represents 2 properties
£206.74, Weekly - Affordable Rent
Landlord: Network Stadium

Property Ref: 29246



AFFORDABLE RENT
Accessible Category F
HOUBLON APARTMENTS, TYNE STREET, E1
Flat • 1 Bed 2 Person • 9th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required

Advert represents 2 properties
£206.74, Weekly - Affordable Rent
Landlord: Network Stadium

Property Ref: 29247



AFFORDABLE RENT
Accessible Category G
TURNERS ROAD, E3
Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2 years.

£135.63, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 29254



AFFORDABLE RENT
Accessible Category E
ARCHIBALD STREET, E3
House • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Shower Room with W/C • GCH • Private garden • Off street parking • Pets not permitted • Stairlift • Fixed Term. This is a fixed term tenancy of 5 years.

£198.32, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 29291



AFFORDABLE RENT
Accessible Category F
STRAHAN ROAD, E3
Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£168.92, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 29268



AFFORDABLE RENT
Accessible Category G
BEALE ROAD, E3
Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£173.77, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 29266

LANDLORDS

PROPERTIES URGENTLY REQUIRED



Hammonds

● Maximum rent achieved ● 1-5 year contracts

020 8980 2226

Career Opportunities

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



School Improvement Officer

Education, Social Care and Wellbeing Directorate
Ref: ESW00229

£49,620 - £52,969

Soulbury (16-19)
per annum

Early Years Area Inclusion Coordinator

Education, Social Care and Wellbeing Directorate
Ref: ESW00191 | FTC until 31.03.16

£42,649 - £46,152

Soulbury (10-13)
per annum

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.

Closing date: 5 March 2014



INVESTORS
IN PEOPLE



An advert on these pages could cost you as little as £69 + VAT...



Get into Construction

If you are 18-25, not currently in employment, education or training and living in Tower Hamlets, join our free training programme where you can:

- Gain a CSCS card and do a two week on site work-placement
- Take Control Traffic Marshalling and a variety of construction trades
- Learn about careers, your prospects within the construction industry and access job opportunities
- Improve your teamwork and communication skills, whilst you boost your confidence, interview skills and CV at the same time

Interested? To be eligible for the programme you need to attend a half day Information Day on 4th March 2014 and a full day Taster Day on Thursday 6th March 2014.

This programme will run from Monday 10th March 2014 – 3rd April 2014. Please be aware random drug and alcohol testing is standard within the construction industry. We are unable to take referrals from young people currently using banned substances and/or high levels of alcohol on a regular basis.

Travel expenses will be provided during the programme.

Contact:

To register your interest or for more information contact Stephen Cox on 07961 976 799 or email

gilondon@princes-trust.org.uk

Alternatively, you can also text your name and the word 'Construction' to 07961 976 799.



LOTTERY FUNDED



TOWER HAMLETS



CITB

Smart Training

Boost your employment chances with a training course

Aged 16-24 and looking to get started in a career? Then study free of charge* for the Traineeship Programme with Smart Training.

- Study for a Certificate in Work Skills
- Complete a high quality work placement
- Get tuition in English and Maths
- Improve your CV writing and interview skills.

Training is weekly in East London and you can keep any benefits you're entitled to.

*Depending on your existing qualifications. You must have lived in the UK or European Union for the last three years to be eligible.

Traineeships



Interested? Apply now – text SMART to 80800.
email start@smart-training.com, phone 0845 177 0695
or see www.smart-training.com/jobsandadvice

HARBINGER PRIMARY SCHOOL



Cahir Street, London E14 3QP • Tel: 020 7987 1924

2 FIXED TERM TEACHING ASSISTANTS

Scale 3 - Term-time/pro rata 26.25 hours per week
Starting: 22nd April 2014

Harbinger is a thriving, inner city, school committed to meeting the individual needs of children through inclusive practice.

We are seeking a teaching assistant to join our dedicated and stable team who:

- has experience of supporting children with special needs;
- has experience in managing children's social and emotional well-being;
- can support early literacy development;
- has excellent oral and written English (GCSE grade C+);
- has excellent team skills;
- can contribute effectively to the shared vision of an enthusiastic staff;
- is reliable with an excellent health & attendance record.

Application packs can be collected from the school or downloaded from school website:

www.harbingerschool.co.uk

Please email completed applications to this email address only: jobs@harbinger.towerhamlets.sch.uk or submit the application by post or by hand at the school office.

Closing date for applications:
Friday 7th March 2014 - 12 noon.

Interviews will take place during the w/b: 17th March 2014

Harbinger school is committed to equal opportunities and follows the Tower Hamlets equality and diversity policy.
Harbinger School is committed to safeguarding children and all candidates will be required to undertake a full criminal record check.



Public notice

LONDON BOROUGH OF TOWER HAMLETS

PROPOSED EXPANSION OF OLGA PRIMARY SCHOOL, LANFRANC ROAD, E3 5DN

1. LB Tower Hamlets proposes to enlarge Olga Primary School from September 2016. The school will then admit 90 pupils per year instead of the current 30 pupils per year.
2. Details of the proposals are available at: www.olga.towerhamlets.sch.uk
3. Any comments or objections to this proposal can be made by 21 March 2014 by writing to:

LB Tower Hamlets, Education, Social Care & Wellbeing Directorate, Town Hall, London E14 2BG, attn: Pat Watson or to pat.watson@towerhamlets.gov.uk.

Publication date: 24 February 2014



TOWER HAMLETS

Public notices

NOTICE OF APPLICATION FOR PREMISES TO BE APPROVED AS A VENUE FOR MARRIAGES UNDER SECTION 26(1)(BB) OF THE MARRIAGE ACT 1949 AND CIVIL PARTNERSHIPS UNDER SECTION 6(3A)(A) OF THE CIVIL PARTNERSHIP ACT 2004.

I Judith Sanders being the proprietor of Docklands Sailing & Watersports Centre ("the Premises") give notice that I have applied to the Proper Officer of the London Borough of Tower Hamlets for approval on the above Act as premises where civil ceremonies may take place.

Any person wishing to inspect the application and plans of the premises may do so at The Register Office, Bromley Public Hall, Bow Road, London, E3 3AA Monday to Friday 9:30am – 11:30am and 2pm – 4:30pm.

Any person wishing to object to the grant of approval may do so in writing with reasons for the objection, within twenty-one days of the date of publication of the notice. Objections should be sent to the Proper Officer at the above address.

Judith Sanders
Centre Manager

SPECIAL TREATMENT LICENCES

NOTICE IS GIVEN THAT Nuressa Begum has applied to the London Borough of Tower Hamlet for Massage, Manicure, Pedicure and Facial

Licence(s) for the premises: Spa Room, Unit 12, 1 Empson Street, London E3 3LT

Anyone wishing to oppose the application must give notice in writing to David Tolley, Head of Consumer and Business Regulation Service, 6th Floor Mulberry Place, 5 Clove Crescent, London E14 2BG **WITHIN THREE WEEKS** specifying the grounds of opposition.

Persons objecting to the grant of a licence must be prepared to attend in person at a hearing before a Committee of the Council.

Public notices

PUBLIC NOTICE THE LONDON BOROUGH OF TOWER HAMLETS ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – VIRGINIA STREET E1

NOTICE IS HEREBY GIVEN, having consulted with Transport for London, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Virginia Street for a distance of approximately 40 metres between its junction with Pennington Street and its junction with The Highway. The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Hydro Cleansing Limited.

The alternative route for vehicular traffic will be via Pennington Street, Artichoke Hill and The Highway and vice versa.

The restriction on vehicular traffic will operate on Monday 3rd March 2014 from 08:00 hours until 18:00 hours when

temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Transport and Highways on 020 7364 6717 or email, mick.jameson@towerhamlets.gov.uk

Dated: 24th February 2014

**JAMIE BLAKE
SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

PUBLIC NOTICE THE LONDON BOROUGH OF TOWER HAMLETS ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – DACE ROAD E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or pro-

ceeding in the length of carriageway in Dace Road for a distance of approximately 50 metres between its junction with Smeed Road and its junction with Monier Road.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by LBTH. The alternative route for vehicular traffic will be via Smeed Road, Monier Road and Dace Road and vice versa.

The restriction on vehicular traffic will operate from Wednesday 12th March 2014 until Friday 11th April 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Moira Underwood, Street Scene Engineer, Improvement Works Group, Transport and Highways on 020 7364 6529 or email, moira.underwood@towerhamlets.gov.uk

Dated: 24th February 2014

**JAMIE BLAKE
SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

INITIAL DEMOLITION NOTICE

“Initial Notice”

Section 138A and Schedule 5A of the Housing Act 1985 as amended

THIS NOTICE IS GIVEN by Poplar HARCA Limited of 167a East India Dock Road, London E14 0EA (“the Registered Provider”).

The Registered Provider is required by Schedule 5A of the Housing Act 1985 as amended (“the Act”) to publish the following information:

Intention to Demolish

The Registered Provider intends to demolish the following properties (the “Relevant Premises”) which includes the dwelling-house which you occupy:

- o 25 - 55a (odds) Aberfeldy Street, Poplar, London E14 0NU
- o 36 - 50a (even) Aberfeldy Street, Poplar, London E14 0NU
- o 1 – 23 Theseus House, Blair Street, Poplar, London E14 0QA
- o 1 – 16 Trident House, Blair Street, Poplar, London E14 0NX

Reason for Demolition

Demolition of the Relevant Premises is necessary for a major redevelopment scheme to regenerate the area. This is known as the Aberfeldy Village Regeneration project which has recently obtained planning consent to demolish 297 existing dwellings and to provide up to 1,176 new homes on the Aberfeldy Estate. In addition, the regeneration will deliver 11,231 m2 of high quality public open space and public realm, 1743m2 of new retail space, 826m2 of new community and faith space, 960m2 of new space for health facilities.

Demolition Period

The Registered Provider intends to demolish the Relevant Premises by 24 February 2019 being no more than seven years after the date of service of this Notice and being a reasonable period within which to carry out the proposed demolition.

Date by which the initial Demolition Notice shall no longer have effect

This Notice will cease to be in force on 24 February 2019 unless previously revoked under the provisions of Paragraph 3 Schedule 5A of the Act or otherwise terminated.

Effect of the Initial Demolition Notice

Whilst this Notice remains in force the Registered Provider will not be under any obligation to make such a grant as is mentioned in Section 138(1) of the Act in respect of any claim made by you to exercise the Right-to-Buy or Right-to-Acquire in respect of any of the Relevant Premises.

This Notice does not prevent:-

- (i) you from making a claim to exercise the Right-to-Buy or Right-to-Acquire
- (ii) you taking such steps pursuant to Part V of the Act in connection with any such claim up to the point of operation of Section 138 (1) of the Act
- (iii) the operation of Section 138 (1) of the Act in most circumstances when this Notice ceases to be in force but

If the Registered Provider subsequently serves a Final Demolition Notice in respect of the Relevant Premises, the Right-to-Buy and Right-to-Acquire will not arise in respect of the Relevant Premises while that Notice is in force and any existing claim will cease to be effective.

The suspension of the Right-to-Buy and Right-to-Acquire will not affect valid applications made before 18th January 2005.

Right to Compensation

You may have a right to compensation under Section 138C of the Act in respect of certain expenditure incurred if at the time when this Notice is served on you there is already an existing claim to exercise the Right-to-Buy or Right-to-Acquire in respect of your property. In such circumstances if within the period of three months beginning with the date when the Initial Notice comes into force (“the Operative Date”) you serve on the Registered Provider a written notice claiming an amount of compensation, the Registered Provider shall pay that amount to you.

Compensation is in respect of expenditure reasonably incurred by you before the Operative Date in respect of legal and other fees and other professional costs and expenses payable in connection with the exercise by you of the Right-to-Buy or Right-to-Acquire.

Your claim must be accompanied by original receipts or other documents showing that you have incurred the expenditure in question.

The Operative Date of this notice is 10 March 2014 being the date a copy of this notice was served on the tenants of the Relevant Premises.

Further information about this Notice is obtainable from Poplar HARCA on 0800 035 1991 or at 167a East India Dock Road, E14 0EA or at info@poplarharca.co.uk.

Signed



**Andrea Baker, Director of Housing
Dated: 10 March 2014**



PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS ROAD TRAFFIC REGULATION ACT 1984 - SECTION 16A TEMPORARY PROHIBITION OF VEHICULAR TRAFFIC BRICK LANE CELEBRITY CHEF ORDER 2014

1. **NOTICE IS HEREBY GIVEN** that the Council of the London Borough of Tower Hamlets MADE an Order under section 16A of the Road Traffic Regulation Act 1984 (as amended by Special Events Act 1994). Whilst the Order is in operation no person shall cause any vehicle to proceed :

[a] in Brick Lane between its junction with Chicksand St and its junction with Fournier St.

2. Throughout the duration of the Brick Lane Celebrity Chef Event:

[a] the existing one way working in Heneage St will be revoked to maintain access.

3. Exemption has been provided in the Order for access by Police, Fire and Ambulance vehicles, in an emergency, or anything done with the permission of a Police Officer in uniform.

4. The Order will operate from 08-00 hours until 21-00 hours on Sunday 23 March 2014, when temporary traffic signs, traffic cones and traffic barriers are placed on the public highway. Whilst the event is taking place, stewards will be present at the traffic barriers to provide access for residents and emergency services.

If you require any further details please contact Charlie Harrison, Network Coordinator on 0207 364 6671 or e-mail charlie.harrison@towerhamlets.gov.uk

Dated: 20 Feb 2014

**JAMIE BLAKE
SERVICE HEAD, PUBLIC REALM
MULBERRY PLACE,
5 CLOVE CRESCENT,
LONDON E14 2BG**



Public notices

PUBLIC NOTICE THE LONDON BOROUGH OF TOWER HAMLETS ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – HANNIBAL ROAD E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Hannibal Street between its junction with Stepney Green and its junction with Redman's Road.

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by J & M Crane and Transport.

The alternative route for vehicular traffic will be via Stepney Green and Cressy Place and vice versa.

The restriction on vehicular traffic will operate on:

- a) Thursday 13th March 2014 from 08:00 hours until 18:00 hours;
- b) Thursday 20th March 2014 from 08:00 hours until 18:00 hours;

when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Network Management Team, Transport and Highways on 020 7364 6717 or email, mick.jameson@towerhamlets.gov.uk

Dated: 24th February 2014

**JAMIE BLAKE
SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

PUBLIC NOTICE THE LONDON BOROUGH OF TOWER HAMLETS ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – TAPP STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Tapp Street between its junction with Three Colts Lane and its junction with Cudworth Street.

The restriction on vehicular traffic will enable a detailed railway bridge examination to be carried out on the public highway by Centurion Traffic

Management on behalf of Network Rail.

The alternative route for vehicular traffic will be via Three Colts Lane, Collingwood Street and Cudworth Street and vice versa.

The restriction on vehicular traffic will operate from Monday 10th March 2014 from 22:00 hours until Tuesday 11th March 2014 on 06:00 hours when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Network Management Team, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 24th February 2014

**JAMIE BLAKE
SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

PUBLIC NOTICE THE LONDON BOROUGH OF TOWER HAMLETS ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – JEROME STREET E1

NOTICE IS HEREBY GIVEN, having consulted with Transport for London, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from:

- Turning left or right from Commercial Street into Jerome Street and ban vehicles from turning right from Jerome Street into Commercial Street;
- Entering, stopping or proceeding in Jerome Street between its junction with Commercial Street and its junction with Corbet Place;
- Entering, stopping or proceeding in Jerome Street between its junction with Corbet Place and its junction with Calvin Street.

The restriction on vehicular traffic will enable Abovenet Telecom works to be carried out on the public highway in three phases by JSM Construction Limited.

The alternative routes will be via Commercial Street, Quaker Street, Wheler Street, Calvin Street and Jerome Street or Commercial Street, Quaker Street, Wheler Street, Calvin Street, Grey Eagle Street, Corbet Place and Jerome Street.

The restriction on vehicular

traffic will operate from Monday 3rd March 2014 to Saturday 15th March 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 24th February 2014

**JAMIE BLAKE
SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

PUBLIC NOTICE THE LONDON BOROUGH OF TOWER HAMLETS ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – GUNMAKERS LANE E3

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Gunmakers Lane to the northern end from its junction with Old Ford Road.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by LBTH.

There are no alternative routes for vehicular traffic as it is a dead end street/road or cul-de-sac.

The restriction on vehicular traffic will operate from Monday 3rd March 2014 until the end of June 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002. The works are programmed for completion on 2nd June 2014.

Please refer any queries regarding the above traffic restriction to Nasser Zanjitchkha, Street Scene Engineer, Improvement Works Group, Transport and Highways on 020 7364 6812 or email, nasser.zanjitchkha@towerhamlets.gov.uk

Dated: 24th February 2014

**JAMIE BLAKE
SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**



Notice Of Application For Planning Permission

Under Article 13 Of The Town and Country Planning (Development Management Procedure) (England) Order 2010 The Town And Country Planning Act 1990 (As Amended)

Date of notice: 24 February 2014

In accordance with the above act and related legislation, notice is hereby given that the application forms, plans and other documents submitted in relation to the proposal noted below may be examined at the London Legacy Development Corporation reception Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. The reception is open from 09:00 – 17:00 Monday to Friday by appointment only telephone number 020 3288 8820. The above documents are also available to download from the Planning Register on the Planning Policy and Decisions Team website www.londonlegacy.co.uk/planning.

Anyone who wishes to make comments about the application should write to the address below quoting the relevant Application Reference Number: Director of Planning Policy and Decisions Team, London Legacy Development Corporation, Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. Alternatively comments can be made by email to: planningenquiries@londonlegacy.co.uk Comments should be submitted within 21 days of the date of this notice and should be received by **17 March 2014.** **Application Reference No:** 14/00034/REM **Application Site:** Plot N08 East Village, Land West Of Celebration Avenue And North East Of Victory Park, Stratford City, London

Description of Proposal: Reserved matters application pursuant to Conditions B1, B8, Q1 and Q4 of the Stratford City Outline Planning Permission (ref: 10/90641/EXTODA) relating to the details of layout, scale, design, appearance, access and landscaping of Plot N08. Comprising the construction of buildings up to a maximum height of 30 storeys providing 481 residential units, complementary retail (use classes A1-A5) and leisure (use class D1/D2), along with associated landscaping. This application also seeks approval in writing, to exceed maximum parameter heights shown in parameter plan (7) and as indicated within the Zonal Masterplan for Zones 3-6, pursuant to conditions A4 and D9/D9A of the outline planning permission. **Applicant's name:** QDD Athletes Village UK Limited **Application Reference No:** 14/00035/AOD **Application Site:** Land Within PDZ 4 (Sweetwater/Fish Island East) & PDZ 5 (East Wick/Hackney Wick), Queen Elizabeth Olympic Park, London Bound By The Eastway To The North, The Lee Navigation To The West, Old Ford Cottage To The South And Parkland To The East

Description of Proposal: Application for Approval of Details pursuant to Conditions LCS0.49 (Outline Site Wide Phasing Plan) of outline planning permission 11/90621/OUTODA. With consequential amendments to the Legacy Communities Scheme (LCS) Section 106 Agreement attached to planning application ref: 11/90621/OUTODA. **Applicant's name:** London Legacy Development Corporation **Application Reference No:** 14/00036/VAR **Application Site:** Land Within PDZ 5, Queen Elizabeth Olympic Park **Description of Proposal:** Application to remove and vary conditions of planning permission 11/90621/OUTODA (Legacy Communities Scheme) relating to the requirement for the building line of the ground and upper floors along the eastern edge of the Sub Planning Delivery Zone 5B to be set back by not less than 15 metres from that shown on the submitted drawings. (Conditions LCS0.290, LCS0.41 and LCS0.39 are proposed to be removed and condition LCS0.42 amended to delete reference to condition LCS0.290.) With consequential amendments to the Legacy Communities Scheme (LCS) Section 106 Agreement attached to planning application ref: 11/90621/OUTODA. **Applicant's name:** London Legacy Development Corporation

Notice Of Application For Planning Permission

Under Article 13 Of The Town and Country Planning (Development Management Procedure) (England) Order 2010 The Town And Country Planning Act 1990 (As Amended) Town And Country Planning (Environmental Impact Assessment) (England and Wales) Regulations 2011

Date of notice: 24 February 2014

In accordance with the above act and related legislation, notice is hereby given that the application forms, plans and other documents submitted in relation to the proposal noted below may be examined at the London Legacy Development Corporation reception Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. The reception is open from 09:00 – 17:00 Monday to Friday by appointment only telephone number 020 3288 8820. The above documents are also available to download from the Planning Register on the Planning Policy and Decisions Team website www.londonlegacy.co.uk/planning.

Anyone who wishes to make comments about the application should write to the address below quoting the relevant Application Reference Number: Director of Planning Policy and Decisions Team, London Legacy Development Corporation, Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. Alternatively comments can be made by email to: planningenquiries@londonlegacy.co.uk Comments should be submitted within 28 days of the date of this notice and should be received by **24 March 2014.** **Application Reference No:** 14/00037/FUL **Application Site:** Queen Elizabeth Olympic Park

Description of Proposal: Temporary use, from April 2014 to until September 2015, of open areas of Parkland and development platforms, within the Queen Elizabeth Olympic Park, for live music performances, live broadcasts, mass participation sports zones, cultural and artistic performances, and other events, including the erection of event and operational temporary structures (including food and drink), and temporary ticketed and operational compounds (including temporary coach and cycle parking) within the Sui Generis Use Class and provision for blue-badge parking within the Multi-Storey Car Park. In addition, Partial discharge of conditions LTD.27 of 07/90010/OUODA; PGT.58 of 09/90410/FUMODA; and NNP.56 of 11/90766/FUMODA. **This application is accompanied by an Environmental Statement (Environmental Impact Assessment).** **Applicant's name:** London Legacy Development Corporation **Dated:** 24 February 2014 **Authorised by:** Anthony Hollingsworth **On Behalf of:** London Legacy Development Corporation, Planning Policy and Decisions Team.

Public notices

LONDON BOROUGH OF TOWER HAMLETS PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

Flat 4, 94 Narrow Street, London E14 8BP PA/14/00192 and PA/14/00161/BMC

Listed Building consent is sought for the erection of side extensions to east and west elevations of top floor flat.

76 St Leonards Road, London, E14 0QU PA/14/186/BMC

Application for change of use from grocery shop (A1) to take away (A5), erection of new slope roof on single storey rear element and installation of two air conditioning unit to rear.

Tower Hotel, St Katharine's Way, London E1W 1LD PA/14/00122/MCH
Changes to bedroom window systems and communal area window systems as well as timber cladding panels.

Seth Court, 23 Parimeter Street, London PA/14/00171/GMA

Application for the retention of the six storey building including 1050m2 of B1 business use, 94 student units with ancillary accomodation, landscaping and solar panels.

Junction of Stepney Way and Sidney Street, London E1 2ET PA/14/00070/ADW

Installation of 15 metre tall telecoms monopole complete with 3 no. antennas within a shrouded upper portion; 2 no. 300mm diameter dish antennas; 4 no. equipment units; plus ancillary works.

23 Prescott Street, London, E1 8BB PA/13/3135/MC

Replacement of 2 no. existing rooflights and installation of 5 no. new rooflights with internal layout alteration on third floor to create en suite bathroom.

42-46 Princelet Street, London, E1 5LP PA/14/157/SHT

Proposal for installation of 5 new crittal windows on the southern elevation (rear) at first floor level.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

THE FOLLOWING ARE HOUSEHOLDER APPLICATIONS AND IN THE EVENT OF AN APPEAL AGAINST A REFUSAL OF PLANNING PERMISSION, WHICH IS TO BE DEALT WITH ON THE BASIS OF REPRESENTATIONS IN WRITING, ANY REPRESENTATIONS MADE ABOUT THESE APPLICATIONS WILL BE SENT TO THE SECRETARY OF STATE, AND THERE WILL BE NO FURTHER OPPORTUNITY TO COMMENT AT APPEAL STAGE.

368 Bancroft Road, London, E1 4BU PA/14/196/JT

Creation of a mansard roof, installation of roof lights and internal alterations.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 24th February 2014

OWEN WHALLEY
Head of Planning and Building Control



To place
your Public
notices in
East End Life

please call...

Sharan on 7364 4061
Fatima on 7364 4623
Chris on 7364 4994
Terri on 7364 4682



Don't sit on the sidelines

There are many ways to get fit in Tower Hamlets. Our listings include everything from cricket and yoga to tai chi and Zumba.

SEE BELOW

Sport

Leisure centres

John Orwell Sports Centre
Tench Street, Wapping, E1W.
7488 9421

Langdon Park Leisure Centre
35 Byron Street, Poplar, E14
SHOKK Youth Fitness Centre.
7987 3575

Mile End Park Leisure Centre
190 Burdett Road, E3.
8709 4420

Mile End Park Stadium
Rhodeswell Road, Poplar, E14.
8980 1885

St George's Pools
221 The Highway, Wapping E1W.
7709 9714

Tiller Leisure Centre
Tiller Road, Isle of Dogs, E14.
7987 5211

Whitechapel Sports Centre
55 Durward Street,
Whitechapel, E1.
7247 7538

York Hall Leisure Centre
5-15 Old Ford Road, Bethnal
Green, E2.
8980 2243

Keep fit

Body conditioning
Thurs, 6.15pm. Shadwell Basin
Centre, Glamis Road, E1.
07961 951522

Coaching for juniors
Badminton & volleyball. Ages
9-16, all levels welcome. £1.
Sats, 12-2pm. Handball. for ages
9-16. £1. Sats 2-3.30pm. Bethnal
Green Academy Sports Centre,
Gosset Street, E2.
7920 7937

Fitness Boot Camp
Sat 9.30-10.30am at Mile End
Park, Grove Road, E3.
07946 312102

Hatha yoga class
Sats 9am at Yoga Place,
Bethnal Green Road, E2.
07905 944314

Keep fit
Weds, 10.15-11.15am, crèche
available. Lansbury Lodge,
117 Ricardo Street, E14.
7515 7471

Keep fit
Weds, 11.45am-12.45pm. St
Hilda's East Community
Centre, 18 Club Row, E2.
7739 8066

Martial arts
Adults/junior kickboxing: Tues,
6.30-7.30pm; senior ju-jitsu
(male & female), Tues, 7.30-
9pm; adults/junior kickboxing
self-defence, Weds, 6.30-
7.30pm; seniors kick/Thai
boxing (male & female), Weds,
8-9.30pm. Shadwell Basin
Project Centre, Glamis Road, E1.
07811 105620

Personal training
Get fit, lose fat, tone muscles.
Unit 1, Simon House, Limehouse
Studio, 566 Cable Street, E1W.
07900 216005

Pregnancy yoga classes
Small group and private tuition.
Suitable for mums-to-be from
14 weeks onwards. Call Claire.
07958 645978

Seniors exercise
Mons, 1.30pm, line dancing;
Tues, 10.45am, workout.
London Dockers Club,
6 Boulcott Street, E1.
7790 3785

Step 'n' tone
Tues, 7pm. Shadwell Basin
Centre, Glamis Road, E1.
07961 951522

Taekwondo
Beginners welcome. Adults &
juniors. Tues 6.30-8pm and
Sun 1-3pm at Langdon Park
Sports Centre, Byron Street, E1.
8310 1469

Tai chi
Daily, for health and self
defence. 449-453 Bethnal
Green Road, E1.
7033 3993

Tai Chi for beginners
Mons 6.15-8.15pm and
Sats 9.30-11.30am at Roland
Philipps Scout Hall, Aylward
Street, E1. Also, Fri 6.30-8.30pm
at St Barnabas Church,
corner of Grove and Roman
Road, E3. £7.
07748 985209

Women's keep fit
Tues & Thurs, 10.30-11.30am,

£2. Garret Centre, 117 Mansford
Street, E2.
7739 7241

Angel yoga
Kundalini yoga for beginners
every Tues, 7.30-8.45pm. £9.
St Hilda's Community Centre,
18 Club Row E2.
07890 909928
satkartarkaur@rocketmail.com

Yoga
Hatha yoga, women only, Sats,
11.45am-1pm. Warrior power
flow, Mons 7-8.15pm. Deep
yoga flow, Sats 11am-12.15pm.
£7.50. The Threshold Centre,
1 Ada Place, E2.
7729 2961 or 07932 576333

Yoga Creation E14
Ashtanga, Vinyasa, Hatha yoga
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workshops. For beginners to
advanced, 7 days a week.
Pregnancy yoga, £13.
7517 9183
www.yogacreation.co.uk

Zumba classes
Every Weds, 7.30-8.30pm. £5.
Tredegar Community Centre,
333 Morville Street, E3.
07884 168176

Zumba Fit
Fun, energetic class. All levels
welcome. £5. Every Weds, 6.30-
7.15pm. Bow Methodist Church,
1 Merchant Street, E3.
07592 140590

Sport

Back to netball
Weekly sessions. £1.10. Tues,
6pm. John Orwell Sports
Centre, Tench Street, E1W.
07914 685261

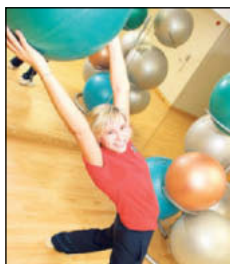
Cricket coaching
Under-11s and U13s – Weds,
4-5.30pm; U16s – Tues, 4.30-
6pm; 16+ – Thurs 5-8pm.
Dockland Settlements,
197 East Ferry Road, E14.

Berner Football Academy
Under-12s, part of TH Youth
League. Matches on Sat, train
on Sun. Christian Street Ball
Court, Berner Estate, E1.
07960 434110

Email listings to eastendlife.news@towerhamlets.gov.uk

Scotch sponsorship

Scotch whisky blend Drambuie announced last week it is to sponsor Wapping Hockey Club.



Get fit and have fun

To find out more about the wide range of healthy and enjoyable events and activities available at the borough's leisure centres go to your local centre, see page 33 or visit...

WWW.GLL.ORG

Sport



Football

TOWER Hamlets College's disabled football team made their competitive debut at an inter-college festival.

The Play Football tournament, organised by the London Football Festival, was part of the College Disability Football Festival held in Romford.

The students, who are all studying foundation learning courses, played a series of matches against other colleges from east London and Essex.

And although the new team didn't win, they enjoyed being part of the festival and playing football.

Sarah Cannon, from Mile End, said: "Today

was fantastic and I can't wait to play again." The players train every week at the college and are coached by AJ Olatunbosin, a former student who has a strong footballing pedigree, having played for Nigeria at under-23 level.

He said: "I'm really proud of their efforts. We are a new team and this competition was a great start for the students."

The team is now preparing for more friendly matches ahead of another tournament in April.

Tanya Blake, enrichment and mentoring co-ordinator at the college, said: "This team is a great addition to our sports provision and to see so many girls participating is brilliant."

Repton trio reach finals

Boxing

IT has been a week to remember for Repton boys old and new with juniors Jimmy Smith, Billy Beer and Joe Kelleher in sparkling form and former star Frank Buglioni showing devastating style.

In the England Youth semi-finals at Portsmouth it was business as usual for the young amateurs with Smith, Beer and Kelleher all booking their places in the finals.

Smith, in the Class A 69kg class, was just too smart for Mark Dean (Pinewood) getting a majority verdict and looking every inch a champion.

He now meets Ben Whittaker (Wodensborough).

Beer punched his way to a unanimous points victory in his Class B 56kg clash with Yarsil Afzal (Oxford). Standing in the way of him and the title is Peter McGrail (Everton Red Triangle).

And the final piece of action saw Kelleher in his Class B 59kg category gain a split decision over Liam O'Hare (Lydney) and he now hopes to repeat that performance against Jimmy Tyres (New Biggin).

Also appearing in the finals, which were taking place at East End Life went to press, was Sunny Edwards, who got a walkover in the semis and went

on to meet Andrew Cain (Everton Red Triangle).

On the same day former Repton star Frank Buglioni, the new European super-middleweight champion, gave a devastating display of power at Stratford's Copper Box Arena.

Buglioni stopped Gaetano Nespro in five rounds when the referee stepped in to save the Italian from taking further punishment.

It was Buglioni's 12th straight in the paid ranks and one that suggests he is going a long way. Nespro complained about the stoppage but, after being down twice in the fourth and again in the fifth, it was the right decision by the referee.

League glory for the invincibles

BY PETER FAULKNER

Wapping Men's 5ths 3 – Old Southendians 2nds 0

WAPPING Hockey Club undefeated men's fifth team have clinched the East Division 5SE title with four games to spare.

In doing so they continued the outstanding form that has propelled them to 17 wins in their 18 league matches to date.

A solitary draw remains the only imperfection on the record of the free-scoring side, who have racked up an incredible plus-53 goal difference so far.

Their latest victory came against promotion rivals Old Southendians 2nds, but Wapping, knowing they needed three points to become champions, started cautiously.

The early pressure came from Southendians and Wapping were forced to make some changes with Jeremy Gould coming on as sweeper and Charlie Ballentine operating high



up the pitch to stretch the play.

That switch paid dividends when a neat one-two between Gould and captain Joel Marsden opened up the opposition and paved the way for Nick Dale to score at the second attempt.

Shortly after, following good work by Phil Hitchell, a pass set up Tom Hammond for a simple back-post finish to give Wapping a 2-0 interval lead.

Although Southendians continued to look dangerous on the break in the second half, Wapping remained patient and, af-

ter 50 minutes, a third goal put paid to any hopes of a Southendians comeback.

Man-of-the-match Hammond beat the onrushing keeper for his second goal following great work by Oliver Perez.

Captain Joel Marsden said: "Just one goal a game conceded in 18 matches provided us with a platform and gave us great confidence to take the game to the opposition each week."

Wapping's aim now is to ensure they remain unbeaten until the end of the season.

Aidoo-Nash lands the knockout blow

Wapping Men's 1sts 4 – City of Peterborough 3

THESE two teams fought out a tough 0-0 draw before Christmas, but this was a goal feast.

Wapping started well and Grant Aidoo-Nash soon sliced through a static Peterborough

defence to open the scoring. The lead was doubled minutes later when new boy Mark Bennett fired in a low strike from a penalty corner.

Peterborough were brighter in the second half and after scoring twice – either side of a Mat Hyden strike – converted a penalty corner with the final

whistle approaching to level the scores.

But Wapping would not be denied.

With two minutes left on the clock, Phil Messent rounded the keeper and his pass was slotted home by Aidoo-Nash for a win that keeps Wapping in fifth place.

Ladies unfazed by back-to-back matches

WAPPING Ladies had an East South Division One double header, playing out a 1-1 draw with Colchester, before beating old Loughtonians 2-1.

The home side started brightly and created a hatful of chances, but finished the half goal-less and had to wait till early in the second half before Joe Ward's cross was deflected into

goal by a Colchester defender, pressured by Natalie Cross.

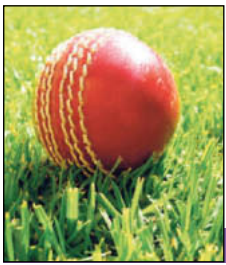
Wapping continued making chances and pressed forward only for Colchester to snatch an equaliser ten minutes from time after a scramble in the D.

In the second game Wapping were 2-0 ahead after just 15 minutes.

Natasha Close got the first

from a short corner then Charlotte Keizer fired home a vicious shot to double their advantage.

Old Loughtonians pulled one back before the interval and Wapping's cause wasn't helped by a spate of yellow cards that saw them at one point reduced to nine players in the second half. However, they hung on for a deserved victory.



Driving change through cricket

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WWW.CRICKETFORCHANGE.ORG.UK

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport



Win Netball Live tickets

READER OFFER

TWO of the UK's top netball teams will go head to head at the Copper Box Arena as part of the Netball London Live event on Saturday, March 8.

Surrey Storm will face Herts Mavericks in front of what is expected to be a record-breaking crowd of around 6,000 spectators.

England players past and present will be on the court, including Rachael Dunn, Tamsin Greenway, Sasha Corbin and Lindsay Keable.

The match comes at the midway point of the 2014 Zeo Netball Superleague season and will give some of the players the perfect warm-up for the Glasgow 2014 Commonwealth Games.

East End Life has five pairs of tickets to give

away along with the opportunity to go behind the scenes and meet some of the players.

To be in with a chance answer the following question:

Q. In which park is the Copper Box Arena?

a) Green Park; b) Hyde Park; c) Queen Elizabeth Olympic Park

Email your answer to eastendlife.news@towerhamlets.gov.uk, putting Netball Live in the subject line.

Alternatively, send a postcard to Netball Live competition, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar E14 2BG.

All entries should arrive by 5pm on February 28 and must include your full name, address and telephone number. Multiple entries will be disqualified. Other competition rules apply.



Prince out to rule Europe

Continued from back page

In a joint supporting contest, Marston's Trad TKO stablemate Mark Prince (21 fights, 20 wins, and 16 knockouts) will show off a badge of honour dedicated to his late son Kiyan when he steps into the ring.

The badge is simply Kiyan's name and helps keep alive the memory of the youngster fatally stabbed in 2006 while trying to act as a peacemaker between two boys in Enfield.

Mark (pictured) set up the Kiyan Prince Foundation to try to combat knife crime in London and winning the European cruiserweight title will give the foundation another big boost.

"I'm really looking forward to being in championship action again," said Prince. "It's been a long while but here we are, fighting for the European title."

"But more than that, this is about the Kiyan Prince Foundation, moving forward and using boxing to promote the good and help eliminate the bad."

Charity quiz

FOLLOWING the success of last year's Cricket4Change quiz, another night is planned for Thursday, March 27 at the Grange Hotel, Tower Bridge.

The charity is looking for teams of eight. To book contact fund-raising manager Megan Jones at meganjones@cricketforchange.org.uk

Entry costs £600 per team which includes a curry buffet and wine or beer.

Funds raised on the night will support the work of Cricket4Change in unlocking young people's potential, enabling them to think and act differently about themselves, their communities and their futures.

Golden girl Paddy stars for academy

BY PETER FAULKNER

THE Veras Karate Academy from Tower Hamlets have gone and done it again – smashing, crashing and bashing their way to a 14-medal haul.

A squad of 12 competed in the Leicester Karate Association Wadokai Second Sakagami challenge open kumite competition.

Nine fighters enjoyed success, winning six gold medals, three silvers and five bronzes between them.

First fighter of the day was Paddy Gemmell, aged 9, who won gold in the girls' junior 7th kyu and below 7-9 years age group, and followed this with a silver in the girls' nine years and below junior height 4ft 4ins-plus.

Then the youngest member of the squad, 8th kyu Luca Veras, aged 6, won gold in the boys' junior 7th kyu and below (7-9 years fighting category), which was swiftly followed by a gold medal in the boys junior 7th kyu and below (six years and under).

Next up were older brothers Luan, 9, and Liam Veras, 8, both 4th kyu competing in the boys' junior height 4ft3ins and above (nine years and under). With both boys winning their early bouts, they faced each other in the final, with Luan taking the gold and Liam the silver.

Emre Oner, 9, was in the same category and fought the semi-finals with Luan. He won a bronze medal, a feat he matched in the junior 7th kyu and below (7-9 years). Liam Veras won bronze in the junior height

below 4ft3ins (nine years and below). In the seniors, Patricia Perote won gold and Mette McIarney won bronze in the female veteran category while academy sensei Raphael Veras, 76kgs, and Sanan Aliyev, 71kgs – both elite internationals – put in great performances.

Sanan continued his recent winning streak, taking the gold. Raphael, hampered by a knee injury, managed to win a bronze medal.

Despite Raphael's injury, the academy team fighters Sanan, Patricia and Raphael himself, battled on and managed to fight three teams and take the last silver medal of the day.

Veras Academy holds classes at Trusslers Hall community centre, Poplar. Visit www.verasacademy.co.uk



Paddy Gemmell with her medals

Queensbridge upset Jubilee Cup odds with magnificent seven

Football

IN Jubilee Cup week in the Essex Sunday League, **Queensbridge** of Division One stunned Premier side **Hackney Downs A** with a 7-1 thrashing.

Hackney's downfall was a double hat-trick from Kane Suarez aided by one from Harry Sintim to steer their side into

the quarter finals. There was another shock when Division One **St Lucia** beat Premier League **Millwall Albion** (Hart and Buhari) who had a player dismissed on ten minutes, after a penalty award.

Premier side **Reama** (Small, Thomas and Browne) had to pull out all the stops to gain a 3-2 victory over Division Two

Hale Rangers (Boukari, Mouktar). Not such a tight game though for another Premier team, Stoke Newington (Luke Doyley, 2, Daniel Doyley, Straker, Thompson and Edmans), who had an easy 7-0 win over Division Two Workhouse.

In the all-Division Two clash AC Nightingale progressed to the quarter

final stage with a thrilling 5-4 win over Chettle Court Rangers.

In the only league game, Arbour and Hackney Downs B enjoyed an amazing 8-6 thriller which Arbour edged thanks to four goals from Marston, two from Brannard and one each from Bird and Ambrose.



More glory
Karate club power their way to another haul of competition medals.

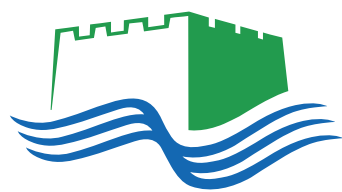
SEE PAGE 35



Win tickets to support UK's netballers

Win tickets to Netball London Live at the Copper Box Arena as the legacy of the London 2012 Games continues and the netballers warm up for the Commonwealth Games.

SEE PAGE 35



TOWER HAMLETS

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Marston ready for the tougher tests to come

Victory at York Hall would guarantee a shot at world title

BY PETER FAULKNER

WHEN Marianne Marston steps into the ring at York Hall, Bethnal Green this Saturday, March 1 it should turn out to be a high-octane affair.

Because if current form is a true guide, then her fight against Galina Gumliiska of Bulgaria for the WBF European super bantamweight title will be over very quickly.

Marston, east London's top female prospect, doesn't waste any time when she steps into the ring. Her first fight in this country last year – also at York Hall – ended in just 67 seconds against Romania's Katalina Lazar.

To prove it was no fluke Marianne, one of Bow promoter Johnny Eames' hottest

properties, went back to York Hall and stopped Gabriella Roman, of Hungary, in 107 seconds. In reality though, Gumliiska will be a far tougher proposition.

She has fought twice for the world title, as well as having six European, international and inter-continental championship bouts. In total she has had 37 fights, but has finished up a loser in 28 of these.

In any case, Marston says she is ready to step up in class.

"I'm sure there's going to be some point, somewhere in my career, where I'm going to dream about having fights as easy as my first two, but right now I would rather have a little more of a challenge, so people can see what I can do," she said.

That test could come against Gumliiska unless Marston's punching power, first recognised by heavyweight legend Joe Frazier in America, proves the deciding factor between these two female warriors.

Victory would guarantee Marston a world title fight and this would mean a possible clash with US-based Bolivian Jennifer Salinas.

Dave Murphy's Acourtier Events ten-fight bill at York Hall sees former WBO and IBF Inter-Continental champion Mark Prince headlining and making a welcome return to championship boxing, when he challenges a yet-to-be named opponent for the vacant WBU European cruiserweight crown.

Continued on page 35



Marianne Marston is looking forward to a tougher examination at York Hall

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